RESEARCH Open Access

Check for updates

Diagnostic value of FDG-PET/CT in fever of unknown origin

Maha Omar Mohamed Elshalakani^{*}, Nivine Chalabi, Hanan Mohamed Hanafy and Amal Ibrahim Ahmed Othman

Abstract

Background: Fever of unknown origin (FUO) is a challenging clinical problem in medicine that needs collaboration of various diagnostic techniques to establish the accurate diagnosis. We evaluated the diagnostic performance of 18F-FDG PET/CT in patients who presented themselves with FUO. Our study included 40 patients with FUO who underwent PET/CT examination and their results were compared to the results of laboratory, histopathological, microbiological investigations and/or response to therapy.

Results: The final diagnosis included malignancy in 20 patients (50%), infectious causes in 7 patients (17.5%) and non-infectious inflammatory causes in 6 patients (15%). Fever resolved without diagnosis in 4 patients (10%), while no definite diagnosis was reached in 3 patients (7%). PET/CT successfully contributed to diagnosis of 35 out of 40 patients with diagnostic accuracy of 87.5%. The sensitivity, specificity, positive predictive value and negative predictive value of PET/CT in our study were 93.5%, 66.7%, 90.6% and 75%, respectively.

Conclusion: PET/CT is a useful tool to investigate and diagnose the cause of FUO. It provides information that can guide the treatment strategy of the patients.

Keywords: FDG PET/CT, Fever of unknown origin

Background

Fever of unknown origin is defined as a continuous or intermittent fever equal to or above 38.3 centigrade, which is there for more than 3 weeks without an obvious cause along 1 week of extensive investigations during hospitalization. Immunocompromised patients are not included [1, 2] according to Petersdorf and Beeson [3] who first put the definition of fever of unknown origin.

FUO can be caused by a wide range of underlying disorders, including infections, occult malignancies, and non-infectious inflammatory diseases (NIID). These diseases are highly heterogeneous in nature, and are managed by several different medical specialties, which further complicates early diagnosis [4].

*Correspondence: mahaomar@med.asu.edu.eg Radiology Department, Faculty of Medicine, Ain Shams University, Cairo 11566, Egypt Infections were the most diagnosed cause for classical FUO in most published studies, accounting for approximately one third of all cases [5]. Another third of FUO cases is due to non-infectious inflammatory disorders (NIID) such as adult Still disease, giant cell/temporal arteritis, and systemic lupus erythematosus (SLE) [6]. Neoplasms and malignancies account for up to 18% of FUO etiologies. The most common neoplasms associated with FUO are lymphoma and renal cell carcinoma, followed by acute myeloid leukemia and myeloproliferative disorders [6].

Positron emission tomography/computerized tomography (PET/CT) is a functional image modality using its ability to metabolize glucose and concentrate specific molecules that have been labelled with a positron-emitting radionuclide. This unique characteristic of 18F-FDG PET/CT may be used for differential diagnosis of fever of unknown origin (FUO) [7].



© The Author(s) 2022. **Open Access** This article is licensed under a Creative Commons Attribution 4.0 International License, which permits use, sharing, adaptation, distribution and reproduction in any medium or format, as long as you give appropriate credit to the original author(s) and the source, provide a link to the Creative Commons licence, and indicate if changes were made. The images or other third party material in this article are included in the article's Creative Commons licence, unless indicated otherwise in a credit line to the material. If material is not included in the article's Creative Commons licence and your intended use is not permitted by statutory regulation or exceeds the permitted use, you will need to obtain permission directly from the copyright holder. To view a copy of this licence, visit http://creativecommons.org/licenses/by/4.0/.

Although the first combined PET/computed tomography (CT) system became operational in 2001 already, only few studies have assessed 18F-FDG PET/CT in patients with FUO. Furthermore, it is not clear when to perform an 18F-FDG PET/CT for diagnostic work-up of FUO [8].

In this study, we aim to evaluate the potential clinical contribution of 18-fluoro-2-deoxyglucose positron emission tomography/computed tomography (18F-FDG-PET/CT) in the identification of the underlying cause of FUO and to compare the results with the final diagnosis of the patients according to histopathological, microbiological, other laboratory investigations and/or response to therapy.

Methods

Study population

This study included 40 patients with fever of unknown etiology who were referred for PET/CT assessment from July 2019 to September 2021. This prospective study was carried out after the approval of The Ethical Committee of Scientific Research, Faculty of Medicine, Ain Shams University. All participants in this study provided informed consent and confidentiality was ensured.

The inclusion criteria included the diagnostic criteria of fever of unknown origin (FUO) which are: Temperature of at least 38.3 °C on at least two occasions, duration of illness of at least 3 weeks or multiple febrile episodes in at least 3 weeks, not immunocompromised and diagnosis is uncertain despite thorough assessment of history, physical examination, and investigations.

Exclusion criteria included: patients with contraindications to PET CT, e.g.: high blood glucose level, patients with history of atopic disorders and patients with renal function impairment (with serum creatinine > 1.5 mg/dl) and patients with bad general condition needing life support.

PET/CT examination

PET/CT study was performed using a dedicated hybrid PET/CT scanner GE medical system [(GE discovery IQ 5 rings) and enhanced helical CT (optima 540 16-slice)]. Instructions were given to the patients to avoid strenuous exercise for several days and to fast from all types of food and drinks except water for a minimum of 4–6 h prior to the examination. Diabetic patients were advised to eat breakfast and take their hypoglycemic medications for at least 6 h before the examination. Serum glucose levels were measured to ensure euglycemia (Fasting blood glucose level < 200 mg/dl) before the tracer injection. Patients were asked to empty their urinary bladder before the study.

Imaging technique

While resting on a reclining chair, approximately 0.06-0.08 mci/kg of 18F-FDG were injected intravenously with saline infusion followed by 45-60 min of rest then all patients were positioned on the imaging tables with their arms up. Approximately1-2 ml/kg of iodinated non-ionic low osmolar contrast medium was injected intravenously for the contrast enhanced CT scans. Contrast enhanced CT scanning were initiated at the orbito-meatal line and progressed to the mid-thigh (28-30 mAs; 120 kV; slice thickness 5 mm); the corresponding PET imaging immediately followed over the same body region. It was divided into many positions depending on the extent of the study, starting the examination distance from the skull base to mid-thigh level including 6-7 positions with 3 min acquisition time for each position. Patients were instructed to breathe shallowly during the PET and CT portions of the study to minimize mis-registration between the PET and CT images. The CT data were used for attenuation correction, and the images were reconstructed. Delayed PET CT images after 120 min were needed in some cases when the uptake of the lesion was controversial.

Data interpretation

Image data were interpreted by at least two nuclear medicine radiologists using a work station with fusion software (GE healthcare), which provides multi-planar reformatted images and displayed PET images, CT images, and PET/CT fusion images. The study was considered positive when at least one site of pathological FDG uptake was encountered. It was defined as negative study when only physiological FDG biodistribution could be identified. PET/CT was then categorized into contributory and non-contributory to the final diagnosis.

PET/CT was considered contributory to diagnosis in the following conditions

PET/CT study was considered contributory to diagnosis when the study was either true positive or true negative. When PET/CT study showed focal pathological uptake that was confirmed by additional diagnostic test or clinical evaluation to be the source of FUO, it was considered true positive (TP) study. It was defined as true negative (TN) when only physiological distribution of FDG was found and no other diagnosis could be reached by conventional diagnostic procedures. Therefore, the patient was discharged from hospital either fever free or with fever of unknown origin as the final diagnosis.

PET/CT was considered non-contributory to diagnosis in the following conditions:

When PET/CT study showed focal abnormal FDG uptake that was reported as suspicious for malignancy and led to unnecessary further tissue biopsy to confirm the diagnosis, it was considered false positive (FP) study. Also, it was considered false positive when an alternative diagnosis was confirmed by other investigations.

A false negative (FN) study is that with normal PET/CT, yet the diagnosis of the patient was confirmed by other investigations.

Final diagnosis

Final diagnosis of the patient was defined according to further diagnostic tests and clinical evaluation that followed PET/CT examination to confirm/rule out the diagnosis. All cases with suggested malignancy as an etiology of the FUO underwent tissue diagnosis guided by the pathological sites suggested in PET/CT. The other categories of diagnosis were confirmed by detailed clinical, laboratory, sometimes pathological tests and/or follow-up according to each category. The final diagnoses were categorized into: malignant, infectious, non-infectious inflammatory disease (NIID), other (resolution of fever with no diagnosis reached) and no diagnosis reached with persistence of fever.

Statistical analysis

Analysis of data was done using IBM SPSS (Statistical package for social science) program version 22. To

describe the studied sample, quantitative data were presented as mean, median and standard deviations. Qualitative data were presented as count & percentage. The Chi square statistic is used for testing relationships between categorical variables. Sensitivity, specificity, positive predictive value, negative predictive value and accuracy were calculated.

Results

Demographic data

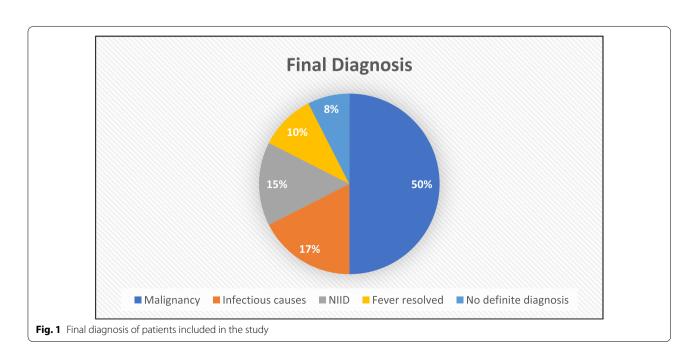
Out of the 40 patients participated in the study, 28 were males (70%) and 12 were females (30%) with age ranging from 8 to 80 years (mean age was 41.25 years with SD of 19.6). Five patients were aged less than 16 years old.

Final Diagnosis of the patients

The final diagnosis included malignancy in 20 patients (50%), infectious causes in 7 patients (17.5%) and non-infectious inflammatory causes (NIID) in 6 patients (15%). Fever resolved without diagnosis in 4 patients (10%), while no definite diagnosis was reached in 3 patients (7%) (Fig. 1).

Malignant causes

The whole 20 patients with malignant etiology as the final diagnosis underwent histopathological examination to confirm the diagnosis. Malignancies included Lymphoma in 15/20 (75%) (one had primary osseous lymphoma), osseous plasmacytoma in 1/20 (5%) Renal cell carcinoma in 1/20 (5%), Metastatic colonic cancer to the liver in



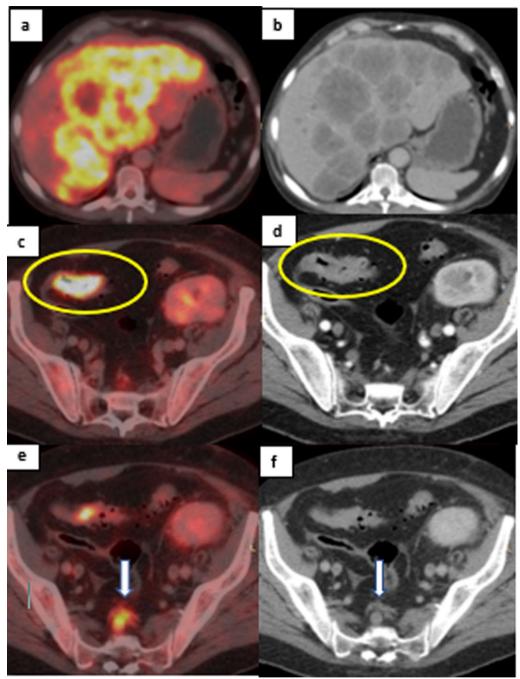


Fig. 2 62-year-old male presented with fever of unknown origin with history of renal transplantation. **a, b** Axial fused PET/CT image of the abdomen and same level axial CT of the abdomen showing large metabolically active hepatic focal lesions with central necrosis. **c, d** Axial fused PET/CT image and axial CT image of the lower abdomen showing small segment of sigmoid colon FDG avid mural thickening (yellow circles) that showed persistent increased activity in delayed imaging (not shown here). **e, f** Axial fused PET/CT and CT images of the upper pelvis showing regional enlarged metabolically active presacral lymph nodes (white arrows). Pathology from the sigmoid colon revealed adenocarcinoma

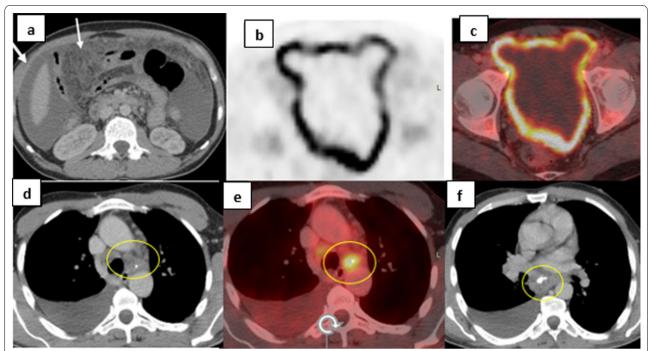


Fig. 3 44-year-old male presented with fever of unknown etiology and ascites. **a** Axial CT of the abdomen showing diffuse peritoneal fat smudging with diffuse parietal peritoneal thickening (white arrows). **b**, **c** Axial PET and fused PET/CT axial image of the lower abdominal region showing diffuse hypermetabolic peritoneal thickening with SUVmax of 6 and moderate ascites. **d**, **f** Axial chest CT mediastinal window showing enlarged mediastinal lymph nodes with calcifications (yellow circles) and right sided pleural effusion. **e** Axial fused PET/CT image of those lymph nodes showing increased metabolic activity. Ascetic fluid sample stained positive for mycobacterium T.B. The patient improved on anti-tuberculous therapy

1/20 (5%) (Fig. 2), Lung cancer in 1/20 (5%) and pancreatic cancer with liver metastases in 1/20 (5%).

Infectious causes

Infectious causes included TB in 2/7 patients (28.5%) (Fig. 3), infectious mononucleosis in 2/7 patients (28.5%) (Fig. 4), Urinary tract infection (UTI) in 2/7 (28.5%) and COVID-associated pneumonia in 1/7 patient (14%).

Non-infectious inflammatory causes

Non-infectious inflammatory causes included medium vessel vasculitis in 1/6 (16.6%), Sarcoidosis in 1/6 (16.6%), Familial Mediterranean Fever in 1/6 (16.6%), Still disease in 1/6 (16.6%), Lupus nephritis in 1/6 (16.6%) (Fig. 5) and Dermatomyositis in 1/6 (16.6%) of the patients.

SUV ranges in different categories of final diagnosis is illustrated in Table 1.

True positive cases (TP)

29 True positive cases (72.5%) were identified which included the whole malignant category (20/20) patients (100% of the malignant patients), four out of seven

cases with infectious etiology (57.1%), and five out of six patients with Non-infectious inflammatory condition as an etiology (83.3%).

True negative cases (TN)

Six studies were true negatives (15%). Fever resolved spontaneously in 3 patients, while in the other three, no definite diagnosis was reached and patient was discharged with fever of unknown etiology as his/her final diagnosis.

False Positive cases (FP)

The false positive cases included three patients.

One of them had increased uptake in lymph nodes and spleen which was interpreted as malignant in nature. This led to un-necessary lymph node biopsy which showed no pathological malignant process. Final diagnosis of the patients was Infectious mononucleosis according to laboratory results of positive antibodies.

Another one had hyperactive splenomegaly and bone marrow that was interpreted as suspicious for malignancy. Bone marrow biopsy revealed granulocyte.

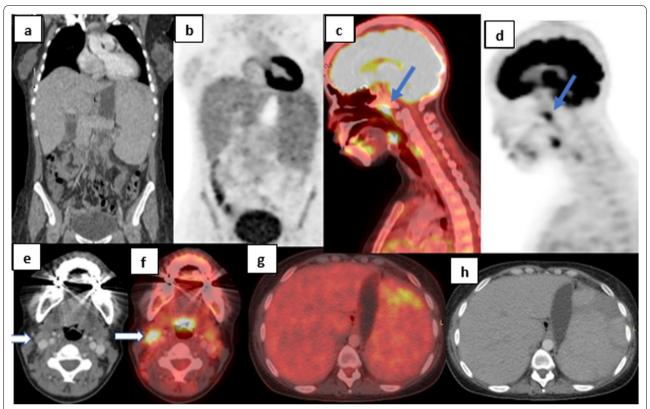


Fig. 4 34-year-old female patient presented with fever of unknown etiology, fatigue and mild sore throat. **a** Coronal CT image, **b** Coronal PET image with attenuation correction showing enlarged liver and spleen with mildly increased splenic activity. **c** Sagittal PET/CT fused reconstructed image. **d** Sagittal PET attenuation corrected image, both showing increased nasopharyngeal activity with SUV max of (blue arrows). **e** Axial CT image of the neck. **f** Axial fused PET/CT image of the neck at the same level sowing right cervical metabolically active lymph nodes. **g**, **h** axial fused PET/CT and axial CT of the abdomen showing the enlarged spleen with ill-defined area of increased activity of its anterior pole. Other findings included diffuse increased marrow activity with SUV max of 3.3(not shown here). Her work-up showed positive Epstein Barr IgM

hyperplasia and hypercellularity with no evidence of ongoing malignancy. The patient was diagnosed clinically and laboratory as Still disease.

The third patient had increased FDG uptake in the nasopharynx and lymph nodes which was reported as suspicious of lymphoma. Nasopharyngeal biopsy was done which was negative for pathological process. The patient had no definite diagnosis upon discharge and on 6 months follow-up with attacks of fever remissions/ exacerbation still going.

False negative cases (FN)

There were two false negative cases in our study, whom only had physiological FDG distribution in their PET/CT examination. The final diagnosis of both of them was urinary tract infection (UTI) which was confirmed by laboratory tests and urine cultures. Both of them had increased Total Leucocytic Count (TLC) and responded well to targeted antibiotic therapy (Table 2).

Diagnostic performance of PET/CT in FUO

The calculated sensitivity and specificity of PET/CT in our study for whole groups of diagnosis were 93.5% and 66.7%, respectively. PET/CT had positive predictive value (PPV) of 90.6% and negative predictive value (NPV) of 75%. Its total calculated diagnostic accuracy was 87.5%.

Diagnostic value of FDG PET/CT in different disease types

Of the 20 patients with malignant diseases, the detection rate of PET/CT was 100%. FDG PET/CT was able to diagnose four patients out of seven with infectious diseases with detection rate of 57.2%. On the other hand, PET/CT was able to diagnose five patients out of six with non-infectious inflammatory causes as an etiology with detection rate of 83.3%.

Calculated fractionated sensitivity of PET/CT in malignant, infectious and NIID diseases were 100%, 66.6% and 100%, respectively, with the least sensitivity recorded to infectious category.

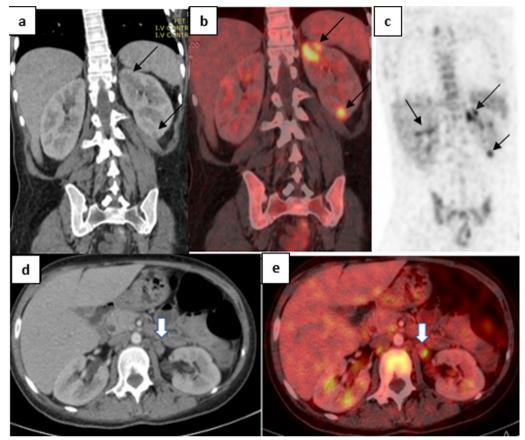


Fig. 5 36-year-old female with history of SLE (systemic lupus erythromatosis) presented with fever of unknown origin. **a** Coronal CT image. **b** Coronal Fused PET/CT image and **c** Coronal PET image of the upper abdomen showing bilateral renal cortical hypodense metabolically active lesions (larger, more in number and more avid on the left side) (black arrows). **d**, **e** are axial CT and Fused PET/CT of the abdomen at the same level showing enlarged low metabolically active regional lymph nodes. The patient was diagnosed as lupus nephritis and responded to adequate treatment with appropriate doses of steroids

Table 1 Minimum and maximum SUV_{max} in different etiologies of FUO

Etiology	Minimum SUV _{max}	Maximum SUV _{max}	Mean SUV _{max} with margins of error (with 95% confidence interval)	Standard deviation
Malignant	6	45	12.92±3.76	8.36
Infectious	3	8	4.8 ± 1.533	1.749
NIID	3.7	7.9	6.166 ± 1.164	1.45

Discussion

Fever of unknown origin (FUO) is a diagnostic dilemma that needs integration of various clinical and diagnostic procedures to reach the accurate diagnosis. With the evolution of PET/CT using its combined metabolic and anatomical images, it was possible to

diagnose the lesions early compared to other modalities of imaging and diagnosis.

In this study, 18-F-FDG-PET/CT was found to provide useful data, that helped to reach a final clinical diagnosis or ruled out a focal lesion as a cause in patients with FUO. Even a negative PET/CT study was helpful in guiding us for further investigations.

Table 2 Distribution of PET/CT true positive, false positive, true negative and false negative cases among different etiologies of final diagnosis

Final diagnosis	Number of cases	PET/CT positive		PET/CT negative	
	Total: 40	True	False	True	False
Malignant	20	20	0	0	0
Infectious diseases	7	4	1	0	2
NIID	6	5	1	0	0
Fever subsided or no identified diagnosis	7	0	1	6	0

Malignant causes

The main etiology of FUO in our study was malignant one (50%) and this was different from most of the reported studies in literature where infectious and inflammatory causes predominate. This difference may be caused by the referral bias as this study was done in a tertiary center and inflammatory causes tend to be diagnosed early in the disease process.

In our study, sensitivity of PET/CT to malignant disorders was 100% which matched that reported by most of the previous authors as Singh et al. [9] and Mahajna et al. [10]. Among the malignant causes, lymphoproliferative disorders/hematological malignancies predominated and this was in concordance with the results published by Gafter-Gvili et al. [11] and Zhu et al. [12].

One of the cases in this category was diagnosed with primary bone marrow lymphoma. Primary bone lymphoma (PBL) represents non-Hodgkin lymphoma (NHL) that primarily arises in the bone marrow without lymphadenopathy. Our patient had multifocal type in the right acetabulum and femur. She had faint easily missed subtle lytic/sclerotic appearance in the CT alone, yet it showed increased FDG uptake in the PET scan which caught the eye and guided the subsequent guided biopsy. As reported by Lim and Ong [13], radiological appearance of PBL can be normal or very subtle, hence, combined anatomical and metabolic imaging plays a major role in the diagnosis.

Another case was diagnosed with solitary plasmacytoma (SP) by pathological examination of left ischial and acetabular hypermetabolic predominantly lytic lesion. Early diagnosis of solitary bone marrow plasmacytoma is particularly important because most of the cases will eventually evolve into multiple myeloma [14].

We also reported a case of Behcet disease that presented with FUO with his PET/CT showing enlarged metabolically active supra and infradiphragmatic lymph nodes which were proven pathologically to be caused by lymphoma. Behcet disease has been reported in the

literature to be linked to many types of malignancies Huang et al. [15] and Meydan et al. [16] have reported cases of similar entity for malignant lymphoma complicating cases of Behcet disease.

Other malignant causes of FUO in our study included metastatic colonic cancer to the liver which is a rare established cause in the literature. Liver metastases cause neoplastic fever with many of the patients displaying significant systemic inflammation [17].

Renal cell carcinoma was found in one of our patients which is a reported cause of FUO in the literature [18]. Another particularly rare cause of FUO reported in the current study is lung cancer. Non-small cell lung cancer was found by Zee and Soo [19] to present with FUO in diagnosis and relapse, thus being a cause of neoplastic fever.

PET/CT was capable to identify focal sites of early malignancy. In the patient with lung cancer, only small spiculated pulmonary nodule with high PET activity was detected together with metabolically active hilar lymph node in absence of any respiratory symptoms which was then confirmed to be malignant by biopsy.

Infectious causes

Infectious causes had the lowest detection rate in our study (57.14%) which run in concordance with the studies done before [9, 20]. The two false negative cases in our study belong to this group. It is likely attributed to low sensitivity of PET/CT in lower urinary tract infection (UTI) and the physiological excretion of FDG in urine. This is consistent with the findings reported by Zhu et al. [12] where four of their false negative cases were secondary to UTI.

In addition, we had one false positive case where FDG uptake was located in the nasopharynx, cervical lymph nodes with metabolically active enlarged spleen and diffuse increased bone marrow activity. This was misinterpreted as suspicious for lymphomatous infiltration. The patient refused tissue diagnosis, further investigations revealed positive serology for Infectious Mononucleosis (IMN) and he markedly improved within two months with no recurrence of fever for the following six months. Uptake of FDG in acute Epstein Barre infection has mimicked malignancy in most of the published studies in this subject. For example, Lustberg et al. [21] have reported FDG uptake in cervical and abdominal lymph nodes together with the liver and spleen in their published case report of a patient with acute infectious mononucleosis. Given the ongoing conflict in diagnosis of such cases, we suggest putting Epstein Barre infection as a differential diagnosis in patients presenting with FUO, especially if accompanied with pharyngitis or sore throat having FDG uptake mainly in the cervical lymph nodes and the enlarged spleen. Patients will still need confirmatory serological and/or pathological tests to confirm/rule out the diagnosis.

Two of our infectious cases were secondary to Tuberculous infection. T.B. has been described as the most common infection causing FUO in the non-western countries [3, 22, 23].

As this study was done in the era of COVID-19 pandemic, one of our patients showed COVID-19 pattern of pneumonia as a novel source of infectious FUO. Arita et al. [24] have published a case report in 2021 discussing a similar case with COVID-19 infection presented with prolonged intermittent fever after COVID infection.

Non-infectious inflammatory diseases

Non-infectious inflammatory diseases were diagnosed in 6 patients in our study with a PET/CT detection rate of 83.3%. One of the six cases was falsely diagnosed by PET/CT as suspicious for lymphoma or leukemia. The patient had increased FDG uptake in the enlarged spleen and diffuse increased uptake in the bone marrow, yet his bone marrow biopsy revealed no evidence of malignancy with only hypercellularity detected. Final diagnosis of the patient by clinical data and laboratory tests was adult-onset Still disease (AOST). Yamashita et al. [25] studied seven AOSD patients who were evaluated by ¹⁸F-FDG PET/CT. Their PET/CT studies revealed ¹⁸F-FDG accumulation in the multiple lymph nodes, spleen and BM similar to that observed in malignant lymphoma, which made the differential diagnosis difficult.

Dermatomyositis is a rare cause of FUO in the literature that was found in our study. Lee et al. [26] have reported a similar case presenting as FUO. They concluded that certain subtypes of dermatomyositis can present with atypical presentations as FUO. PET/CT in our case showed diffuse increased FDG uptake in the skeletal muscles mainly muscles of the shoulder girdle, proximal arms, pelvis and thigh muscles.

An interesting finding in our study was that PET/CT was able to successfully diagnose a case of vasculitis affecting the celiac and superior mesenteric arteries. PET/CT has an established role in the literature in diagnosis and monitoring response to therapy in cases with large vessel vasculitis [27]. However, its sensitivity decreases significantly in cases of medium vessel and small vessels vasculitis [28]. In our study, we found increased uptake in the mildly thickened wall of the celiac and superior mesenteric arteries with nearby small metabolically active reactive lymph nodes which are reported findings in cases of vasculitis [29].

Added value of PET/CT over CT in our study

Beside the benefits of PET as a sensitive modality for lesions with high metabolic activity, benefits of the combined contrast enhanced CT were obtained. CT can assess different chest and abdominal organs in the portal phase of contrast enhancement. In our study, there was a patient with sarcoidosis showing increased mediastinal lymph nodes PET activity. Her lung parenchyma was assessed by CT to clarify the small pulmonary nodules and interstitial pulmonary changes. She had similar findings to that reported in the literature in cases of Sarcoidosis [30]. The lung window interpretation was helpful to rule out the malignant etiology and raise the possibility of inflammatory process.

Among the 40 cases with FUO in our study, PET/CT was able to accurately confirm/exclude the diagnosis in 35 cases with diagnostic accuracy of 87.5%. This is close to the reported accuracy in the previous similar studies as those done by Tokmak et al. [31] and Abdelrahman et al. [32] (90% and 94.5%, respectively).

In our study, the malignant neoplastic lesions showed higher values of standardized uptake values (SUV) in comparison to infectious and NIID lesions. SUV_{max} of infectious and non-infectious inflammatory causes ranged from 3 to 8, while that of the malignant cases ranged from 6 to 45 (Table 1).

Limitations of PET/CT

Previous studies suggested the high cost of PET/CT as a possible disadvantage. This is not going to be a problem in the very near future because PET/CT scanners are more and more available nowadays. However, its use can be limited to the difficult cases of FUO that the clinical methods and routine investigations fail to determine the underlying cause.

Another concern is the exposure to radiation, which seems to be within acceptable range being similar to the dose the patient receives during other routine radiological examination like whole body CT.

Conclusions

In conclusion ¹⁸F-FDG-PET/CT is a recognized tool in the diagnosis and management of FUO. It has a major role in establishing the cause and discriminating between different types of etiologies of FUO. In the future, ¹⁸F-FDG-PET/CT is expected to be included in the initial diagnostic work-up for the investigation of the etiology of FUO.

Abbreviations

FUO: Fever of unknown origin; (18F)FDG-PET/CT: Fluorodeoxyglucose positron emission tomography/computed tomography; SUVmax: Maximum standard uptake values; NIID: Non-infectious inflammatory disorders; CT: Computed tomography; TP: True positive; TN: True negative; FP: False positive; FN: False negative; UTI: Urinary tract infections; PBL: Primary bone lymphoma; NHL: Non-Hodgkin Lymphoma; SP: Solitary plasmacytoma; AOST: Adult-onset Still disease; T.B: Tuberculous Bacteria.

Acknowledgements

We would like to thank all the participants in the study for their co-operation and patience.

Authors' contributions

All authors contributed to the study conception and design. Material preparation, data collection and analysis were performed by ME. AO supervised the study with significant contribution to manuscript preparation. NC and HH revised all the work as well. The first draft of the manuscript was written by ME and all authors commented on previous versions of the manuscript. All authors read and approved the final manuscript.

Funding

This study was not supported by any funding program or authority.

Availability of data and materials

The data and all the material used in this study are available.

Declarations

Ethics approval and consent to participate

The study is approved by Ain Shams University ethical and scientific committee "The committee's reference number is not available". An informed Consent is obtained from all patients before the procedure.

Consent for publication

All patients included in this research gave consent to publish the data contained within this study. In case of patients less than 16-year-old, written informed consent for publication was given by their parents.

Competing interests

There are no competing interests.

Received: 18 December 2021 Accepted: 12 February 2022 Published online: 01 March 2022

References

- Petersdorf RG (1992) Fever of unknown origin: An old friend revisited. Arch Intern Med 152:21–22. https://doi.org/10.1001/archinte.1992.00400 130047001
- Meller J, Sahlmann CO, Scheel AK (2007) ¹⁸F-FDG PET and PET/CT in Fever of unknown origin. J Nuclear Med 48(1):35–45
- Petersdorf RG, Beeson PB (1961) Fever of unexplained origin: report on 100 cases. Medicine 40:1–30. https://doi.org/10.1097/00005792-19610 2000-00001
- Al-Zaghal A, Raynor WY, Seraj SM, Werner TJ, Alavi A (2019) FDG-PET imaging to detect and characterize underlying causes of fever of unknown origin: an unavoidable path for the foreseeable future. Eur J Nucl Med Mol Imaging 46:2–7. https://doi.org/10.1007/s00259-018-4164-3
- Unger M, Karanikas G, Kerschbaumer A, Winkler S, Aletaha D (2016) Fever of unknown origin (FUO) revised. Wien Klin Wochenschr 128(21):796–801. https://doi.org/10.1007/s00508-016-1083-9
- Cunha BA, Lortholary O, Cunha CB (2015) Fever of unknown origin: a clinical approach. Am J Med 128(10):1138.e1-1138.e15. https://doi.org/10. 1016/j.amjmed.2015.06.001
- Kim T, Park J, Choo EJ, Jeong H, Jeon CH, Hwang JP, Park JM (2018)
 Outcome in patients with fever of unknown origin whose 18fluoro-deoxyglucose positron emission tomography/computerized tomography

- finding is non-diagnostic. Infect Chemother 50(1):43–47. https://doi.org/10.3947/ic.2018.50.1.43
- Pereiraa AMV, Husmannb L, Sahb BR, Battegaya E, Franzen D (2016)
 Determinants of diagnostic performance of 18F-FDG PET/CT in patients with fever of unknown origin. Nucl Med Commun 37(1):57–65. https://doi.org/10.1097/MNM.000000000000395
- Singh N, Kumar R, Malhotra A, Bhalla AS, Kumar U, Sood R (2015) Diagnostic utility of fluorodeoxyglucose positron emission tomography/computed tomography in pyrexia of unknown origin. Indian J Nuclear Med 30(3):204–212. https://doi.org/10.4103/0972-3919.158528
- Mahajna H, Vaknin K, Ben Shimol J, Watad A, Abu-Much A, Mahroum N, Shovman O, Shoenfeld Y, Amital H, Davidson T (2021) The utility of 18FDG-PET/CT in diagnosing fever of unknown origin: the experience of a large tertiary medical center. Int J Environ Res Public Health 18(10):5360. https://doi.org/10.3390/ijerph18105360
- Gafter-Gvili A, Raibman S, Grossman A, Avni T, Paul M, Leibovici L, Tadmor B, Groshar D, Bernstine H (2015) [18F] FDG-PET/CT for the diagnosis of patients with fever of unknown origin. QJM Mon J Assoc Phys 108(4):289–298. https://doi.org/10.1093/gjmed/hcu193
- Zhu W, Cao W, Zheng X, Li X, Li Y, Chen B, Zhang J (2020) The diagnostic value of ¹⁸F-FDG PET/CT in identifying the causes of fever of unknown origin. Clin Med (Lond) 20(5):449–453. https://doi.org/10.7861/clinmed. 2020-0268
- 13. Lim C, Ong K (2013) Imaging of musculoskeletal lymphoma. Cancer Imaging 13:448–457. https://doi.org/10.1102/1470-7330.2013.0036
- Albano D, Bosio G, Treglia G, Giubbini R, Bertagna F (2018) 18F-FDG PET/ CT in solitary plasmacytoma: metabolic behavior and progression to multiple myeloma. Eur J Nucl Med Mol Imaging 45(1):77–84. https://doi. org/10.1007/s00259-017-3810-5
- Huang Q, Lai W and Yang M (2013) Behcet's disease complicated by malignant lymphoma: a case report and literature review. Nan Fang Yi Ke Da Xue Xue Bao = J South Med Univ 33(6):934–936
- Meydan AD, Gürsel B, Özbek N, Can B and Kandemir B (2011). Malignant lymphoma associated with Behçet's disease: a report of 2 cases. Aynı hastada Behçet hastalığı ve malign lenfoma birlikteliği: İki olgu sunumu. Turk J Haematol 28(4):327–334. https://doi.org/10.5152/tjh.2011.90
- Loizidou A, Aoun M, Klastersky J (2016) Fever of unknown origin in cancer patients. Crit Rev Oncol Hematol 101:125–130. https://doi.org/10.1016/j. critrevonc.2016.02.015
- Asghar N, Hassan A (2020) Pyrexia of unknown origin as clinical presentation of Renal Cell Carcinoma: Role of F18-FDG PET/CT. JPMA J Pak Med Assoc 70(2):371
- Zee YK, Soo RA (2010) Non-small cell lung cancer presenting with neoplastic fever at diagnosis and relapse. Int J Infect Dis 14(6):e518–e521. https://doi.org/10.1016/j.ijid.2009.06.009
- Hung BT, Wang PW, Su YJ, Huang WC, Chang YH, Huang SH, Chang CC (2017) The efficacy of ¹⁸F-FDG PET/CT and ⁶⁷Ga SPECT/CT in diagnosing fever of unknown origin. Int J Infect Dis IJID 62:10–17. https://doi.org/10. 1016/j.ijid.2017.06.019
- Lustberg MB, Aras O, Meisenberg BR (2008) FDG PET/CT findings in acute adult mononucleosis mimicking malignant lymphoma. Eur J Haematol 81(2):154–156. https://doi.org/10.1111/j.1600-0609.2008.01088.x
- Tabak F, Mert A, Celik AD, Ozaras R, Altiparmak MR, Ozturk R, Aktuglu Y (2003) Fever of unknown origin in Turkey. Infection 31(6):417–420. https://doi.org/10.1007/s15010-003-3040-6
- Bandyopadhyay D, Bandyopadhyay R, Paul R, Roy D (2011) Etiological study of Fever of unknown origin in patients admitted to medicine ward of a teaching hospital of eastern India. J Glob Infect Dis 3(4):329–333. https://doi.org/10.4103/0974-777X.91052
- Arita Y, Yamamoto S, Nagata M, Ogasawara N, Hasegawa S (2021) Long COVID presenting with intermittent fever after COVID-19 pneumonia. Radiol Case Rep 16(9):2478–2481. https://doi.org/10.1016/j.radcr.2021.05. 081
- Yamashita H, Kubota K, Takahashi Y, Minamimoto R, Morooka M, Kaneko H, Kano T, Mimori A (2014) Clinical value of ¹⁸F-fluoro-dexoxyglucose positron emission tomography/computed tomography in patients with adult-onset Still's disease: a seven-case series and review of the literature. Mod Rheumatol 24(4):645–650. https://doi.org/10.3109/14397595.2013. 850008
- Lee LW, Narang NS, Postolova A, Seminara N, Kantor MA (2016) Anti-MDA5-positive dermatomyositis presenting as fever of unknown

- origin. J Gen Intern Med 31(12):1530–1536. https://doi.org/10.1007/s11606-016-3769-0
- Zerizer I, Tan K, Khan S, Barwick T, Marzola MC, Rubello D, Al-Nahhas A (2010) Role of FDG-PET and PET/CT in the diagnosis and management of vasculitis. Eur J Radiol 73(3):504–509. https://doi.org/10.1016/j.ejrad.2010. 01.021
- Danve A, O'Dell J (2015) The role of 18F fluorodeoxyglucose positron emission tomography scanning in the diagnosis and management of systemic vasculitis. Int J Rheum Dis 18(7):714–724. https://doi.org/10. 1111/1756-185X.12713
- Ben Shimol J, Amital H, Lidar M, Domachevsky L, Shoenfeld Y, Davidson T (2020) The utility of PET/CT in large vessel vasculitis. Sci Rep 10:17709. https://doi.org/10.1038/s41598-020-73818-2
- Tana C, Donatiello I, Coppola MG, Ricci F, Maccarone MT, Ciarambino T, Cipollone F, Giamberardino MA (2020) CT findings in pulmonary and abdominal sarcoidosis. Implications for diagnosis and classification. J Clin Med 9(9):3028. https://doi.org/10.3390/jcm9093028
- Tokmak H, Ergonulb O, Demirkolb O, Cetinerb M, Ferhanoglub B (2014)
 Diagnostic contribution of 18F-FDG-PET/CT in fever of unknown origin.
 Int J Infect Dis 19:53–58. https://doi.org/10.1016/j.ijid.2013.10.009
- 32. Abdelrahman SF, Elsayed ND, Saif El-nasr SI, Gadalla AA (2018) Value of 18-F-FDG PET/CT in assessment of patients with fever of unknown origin. Egypt J Radiol Nucl Med 49(2):461–466. https://doi.org/10.1016/j.ejrnm. 2017.12.015

Publisher's Note

Springer Nature remains neutral with regard to jurisdictional claims in published maps and institutional affiliations.

Submit your manuscript to a SpringerOpen journal and benefit from:

- ► Convenient online submission
- ► Rigorous peer review
- ► Open access: articles freely available online
- ► High visibility within the field
- ► Retaining the copyright to your article

Submit your next manuscript at ▶ springeropen.com