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# Correlative study between apparent diffusion coefficient value and grading of cervical cancer

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## Abstract

**Background:** Studying cervical cancer is critical as it is the third most common gynecological malignancy. Therefore, a precise preoperative evaluation of the characteristics of the disease as well as prognosis may significantly aid in the diagnosis of cervical carcinoma as well as planning of its treatment.

**The purpose of the study:** To investigate if the value of apparent diffusion coefficient (ADC) could be interpreted as a prognostic indicator to predict cervical cancer aggressiveness prior to management.

**Results:** The value of ADC for high- and low-grade cervical cancer was statistically significantly different. Patients with histological grade I had significantly higher ADC in comparison with those with grade II ( $1.04 \pm 0.07$  vs.  $0.82 \pm 0.02 \times 10^{-3} \text{ mm}^2/\text{s}$ ;  $p < 0.001$ ) and those with grade III ( $1.04 \pm 0.07$  vs.  $0.67 \pm 0.05 \times 10^{-3} \text{ mm}^2/\text{s}$ ;  $p < 0.001$ ). In addition, patients with grade II had significantly higher ADC in comparison with those with grade III ( $0.82 \pm 0.02$  vs.  $0.67 \pm 0.05 \times 10^{-3} \text{ mm}^2/\text{s}$ ;  $p < 0.001$ ).

**Conclusions:** Diffusion-weighted imaging (DWI) is one of the non-contrast imaging modalities which is identical for quantitative as well as morphological information. Combined DWI with apparent diffusion coefficient value can perform better in detecting cervical cancer and grading.

**Keywords:** ADC value, Cervical cancer prognosis, Diffusion, MRI

## Background

Cervical cancer is one of the major causes of cancer mortality among females globally, and many cases are linked to human papillomaviruses (HPV) infection, a prevalent sexually transmitted virus [1]. According to Global Cancer Statistics in 2018, cervical cancer is the fourth most pervasive cancer globally [2] and the second most prevalent in developing countries in terms of occurrence as well as mortality, trailing only breast cancer [3].

Cervical cancer is usually diagnosed in females aging from 35 to 44, with the mean age during diagnosis being

50. It is not common to be developed in females under 20. In addition, >20% of cervical cancer cases occur in females aging 65 and more [4]. The overall 5-year survival rate is 66%; however, cervical cancer is curable when diagnosed at an early stage, and as with most types of cancer, regular screening and early detection are keys to a good outcome [5]. Latest worldwide research has revealed substantial reductions in cervical cancer in high HPV vaccination rate cases [6].

Multiplanar conventional MRI is a fundamental problem-solving tool in evaluating variable female pelvic abnormalities when Transvaginal ultrasound is inconclusive [7]. Exciting advances have developed over the past several years in MR imaging technology [8]. The most worth mentioning is combined DWI with quantitative ADC measurement that can provide functional data in

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addition to anatomical details [9]. Comparatively to current MR Techniques that focus on the qualitative assessment of tissue characteristics, DWI permits noninvasive quantitative tissue assessment via the measurement of ADC values [10, 11]. Additionally, such non-enhanced mechanisms are beneficial for patients with impaired renal functions [12].

The mobility of water molecules in the extracellular space is connected to diffusion imaging, and ADC measures the degree of this diffusion [13]. As increased tissue cellularity limits water diffusion, so decreases ADC value. Generally, malignant tumors are characterized by more hyper-cellularity compared to benign lesions. Consequently, ADC values to aid in distinguishing between benign and malignant lesions [14]. High-grade cervical carcinoma has high cellularity and is anticipated to have diminished ADC values than the low-grade one. Thus, the expected clinical significance of ADC measurement in cervical cancer would be in the noninvasive prediction of tumor grading prior to deciding the treatment plan [13].

To our knowledge, there are scarce publications that investigated the diagnostic accuracy of ADC value in predicting cervical cancer grading; therefore, we conducted this study.

## Methods

The present study is a cross-sectional analysis approved by the ethics committee in the interval from April 2019 and February 2022 in the two tertiary care hospitals (two university hospitals in upper Egypt and Delta i.e., multicenter study). Tumor grading was established by histopathology either after cervical biopsy or after radical hysterectomy (considered as the standard reference).

## Patients

Thirty-three female cases were recruited from the Department of Obstetrics as well as the Department of Gynecology to the Department of Radiology for further MRI scanning with diffusion-weighted sequence to assess cancer grading according to ADC value.

## Inclusion criteria

Cases that were pathologically diagnosed with cervical cancer.

## Exclusion criteria

- Contraindications for MRI include, for example, cases that have implanted magnetizable devices, claustrophobia, or pacemakers.
- Cases with no pathology confirmation.
- Proven benign cases.

## MR imaging

MR examination using 1.5 T machines (Toshiba Vantage Titan, Japan) and (Ingenia; Philips) using pelvic-phased-array coils.

## The protocol of MR imaging

### MRI sequences

Localizer images in both axial and sagittal planes: 1. Sagittal T2WI. 2. Axial T2WI. 3. Coronal oblique T2WI. 4. Axial T1WI. Axial T1-weight (TR/TE, 600/10 ms), axial T2-weight (TR/TE, 4000/105 ms), 4-mm slice thickness, gap 0.5 mm, and FOV  $23 \times 20$  cm. Matrix  $192 \times 192$ , number of excitations [NEX]=2, bandwidth=89 kHz, flip angle=90, number of averages=1, coronal as well as sagittal T2-weighted, 5-mm slice thickness, gap 1 mm, and FOV  $25 \times 25$  cm. Matrix  $224 \times 320$ , NEX=2, bandwidth=41.67 kHz, flip angle=90, number of averages=2.

### Diffusion study

Axial DWI was conducted utilizing a single-shot echo-planar scanning via the application of three various b factors of 0, 500, as well as 1000 s/mm<sup>2</sup>. TR/TE=6289/80 ms; 5-mm slice thickness and 1-mm interslice gap; matrix=96 × 96, NEX=8, bandwidth=270 kHz, flip angle=90, number of averages=2.

The images of DW images were utilized to calculate the values of ADC. Automatically, the measurements of ADC were quantified via establishing the region of interest (ROI) focusing on cervical carcinomas' solid component. The value of ADC was usually expressed in ( $\times 10^3$ ) square millimeters per second (Fig. 1).

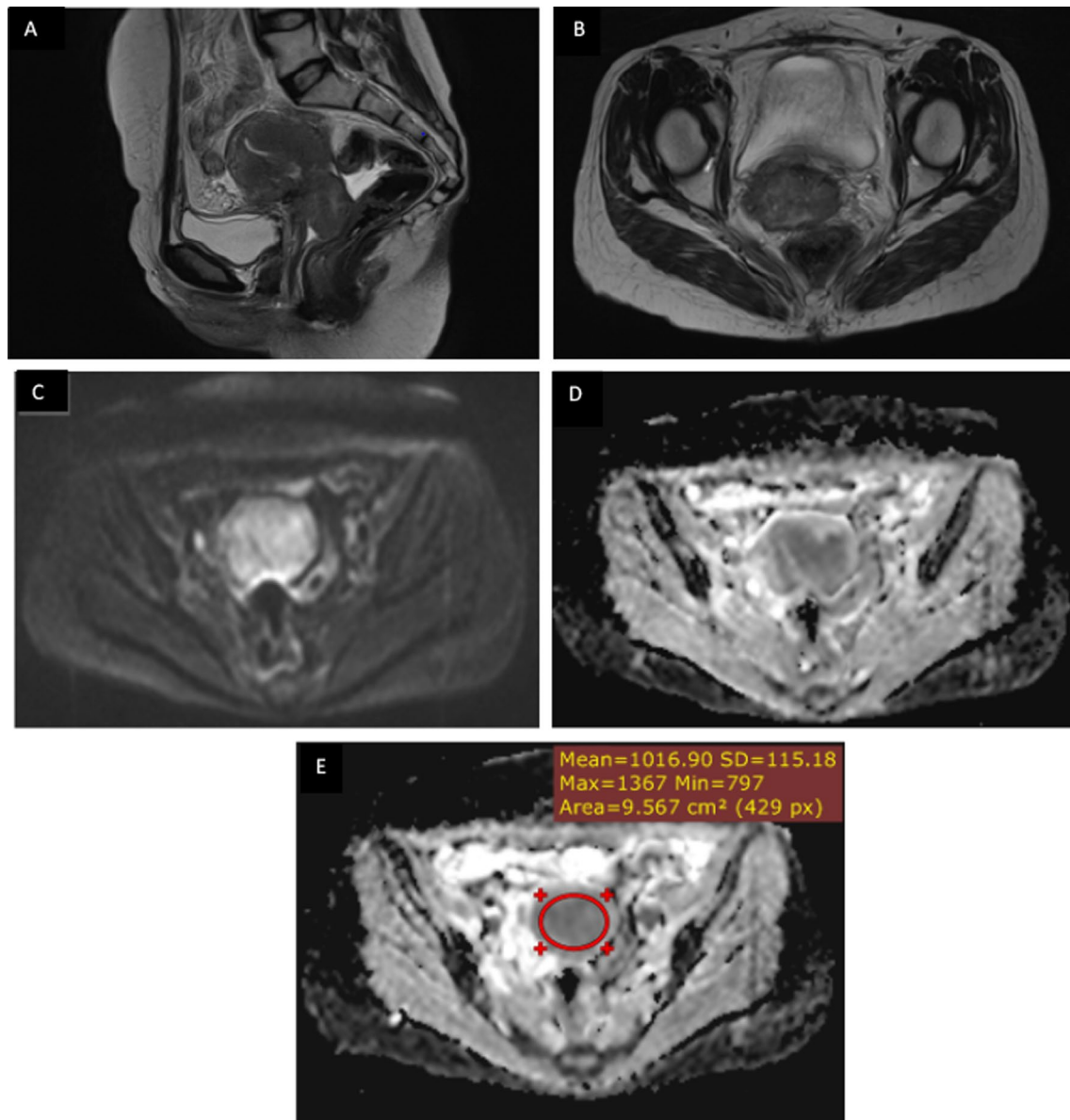
## Imaging analysis

The analysis of images was conducted by two radiologists who have 15 and 7 year-experience, respectively, in the same major, and they collaboratively determined the final diagnosis, (both examiner radiologists were blinded to histopathological grading).

Quantitative as well as qualitative analyses of the masses examined were like the following:

### Qualitative analysis

Restricted diffusions were identified through visualizing aberrant intermediate/bright signal intensity that is notable with higher values of b ( $0 \rightarrow 500 \rightarrow 1000$ ) at "diffusion-weighted" (DW) images. In contrast, the ADC map demonstrated the lesion's diminished signal intensity (SI).



**Fig. 1** **A** Sagittal T2 WI **B** axial T2 WI, A cervical mass is noted measuring 6.8 x 5.5 cm exhibiting iso to low signal intensity in T2, **C** It shows high signal on axial DWI **D** with low signal on the corresponding axial ADC maps (**E**). ADC value of the tumor was  $1.01 \times 10^{-3} \text{ mm}^2/\text{s}$ , pathology revealed highly differentiated squamous cell carcinoma, grade I

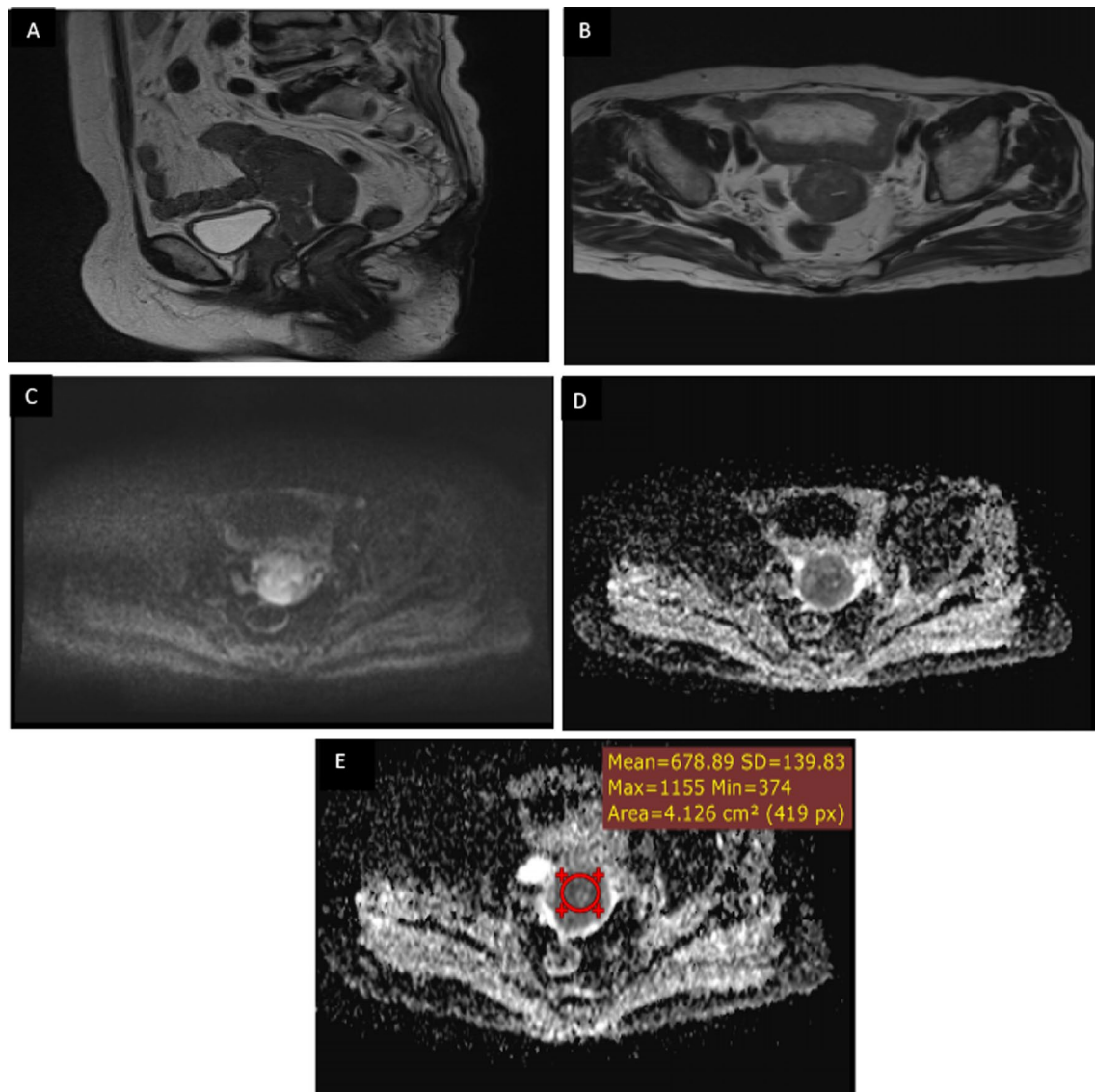
#### Quantitative analysis

Manually, the values of ADC were determined via ROI application at low SI regions on the ADC map, avoiding cystic/necrotic areas (Fig. 2).

#### Statistical analysis

SPSS, version 20 was utilized to analyze data (SPSS Inc., Chicago, Ill, USA). Quantitative parametric data were expressed as standard deviations as well as means

(+ -SD). The calculations of diagnostic tests like accuracy, NPV, specificity, PPV, and sensitivity were done utilizing version 18.10.2 of the Med Calc statistical software. In our investigation, pathological data was used as the gold standard. Considering the values of ADC, the ROC curve was utilized for predicting the malignant cervical lesions. The level of statistical significance was determined as follows:  $p\text{-value} \leq 0.01$  is considered highly significant,  $p\text{-value} \leq 0.05$  is significant, and  $p\text{-value} > 0.05$  is non-significant (Fig. 3).



**Fig. 2** **A** Sagittal T2 WI **B** axial T2 WI, A cervical mass is noted measuring 7.6 × 4 cm exhibiting iso to low intensity in T2, **C** It shows high signal on axial DWI **D** with low signal on the corresponding axial ADC maps (**E**). ADC value of the tumor was  $0.67 \times 10^{-3} \text{ mm}^2/\text{s}$ , histopathology revealed poorly differentiated squamous cell carcinoma, grade III

## Results

The mean age of enrolled patients was  $47.48 \pm 9.90$  years, with a range between 21 and 65 years. Out of the studied patients, 5 (15.2%) women were single, and 28 (84.8%) women were married (Table 1).

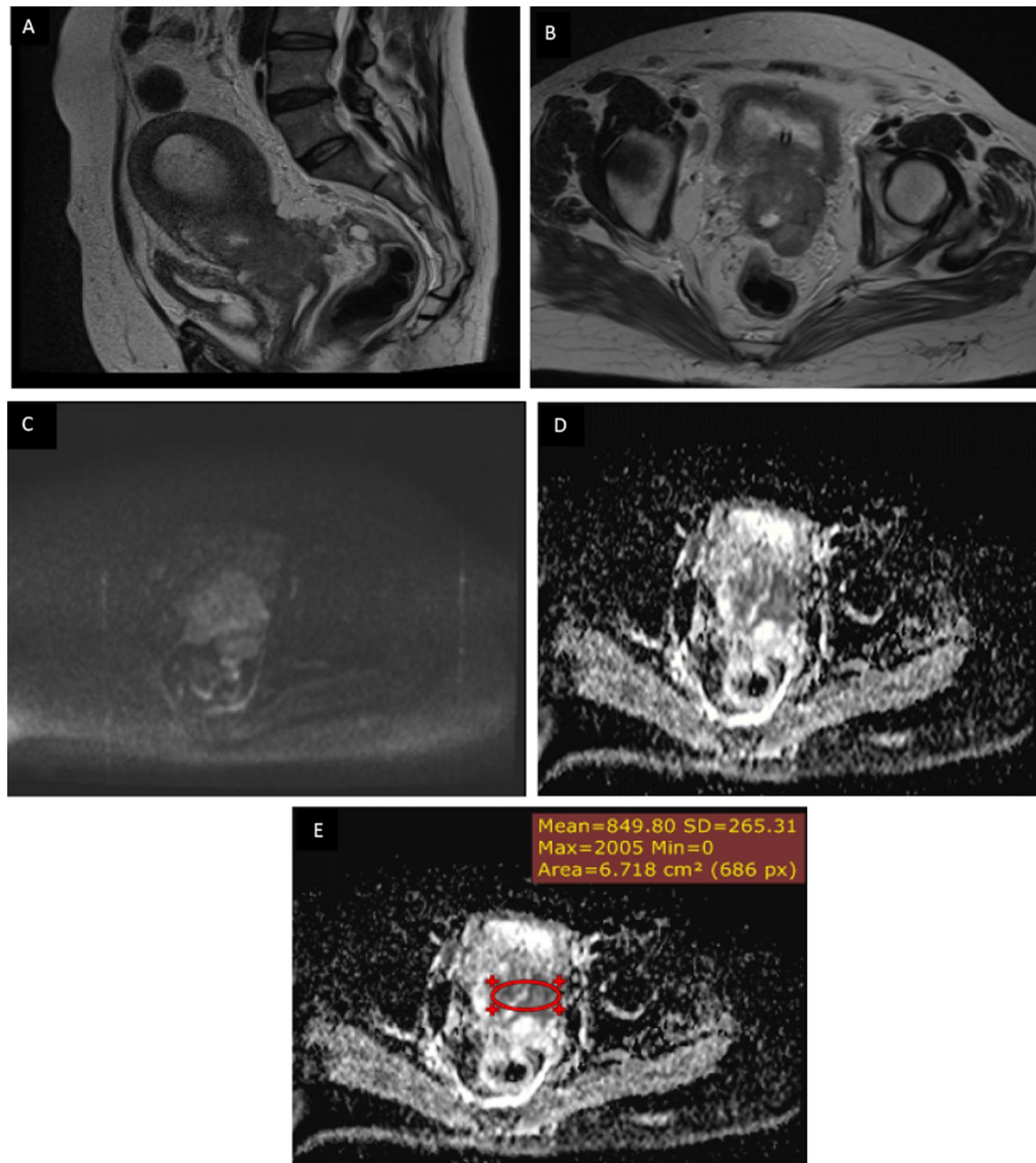
Histological grading was grade III (poorly or non-differentiated carcinoma), grade II (moderately differentiated), and grade I (well-differentiated) in 15 (45.5%), 4 (12.1%), and 14 (42.4%) patients, respectively (Table 2) (Fig. 4).

A comparative assessment of diffusion-weighted images as well as the average values of ADC with the grading of the pathological tumors was performed.

On DWI, all carcinomas examined demonstrated persistent intermediate to elevated signal with a diminished signal on the ADC map (restricted diffusion).

The mean values of ADC were  $1.04 \pm 0.07 \times 10^{-3} \text{ mm}^2/\text{s}$  for grade I,  $0.82 \pm 0.02 \times 10^{-3} \text{ mm}^2/\text{s}$  for grade II, as well as  $0.67 \pm 0.05 \times 10^{-3} \text{ mm}^2/\text{s}$  for grade III cervical carcinoma (Table 3) (Fig. 5).





**Fig. 3** **A** Sagittal T2 WI **B** axial T2 WI, A cervical mass is noted measuring  $7.2 \times 4.6$  cm exhibiting iso to high intensity in T2, **C** It shows intermediate signal on axial DWI **D** with low signal on the corresponding axial ADC maps **(E)** ADC value of the tumor was  $0.84 \times 10^{-3} \text{ mm}^2/\text{s}$ , Histopathology revealed moderately differentiated squamous cell carcinoma, grade II

There were substantial differences between grades II from grade III ( $p < 0.001$ ) and between grade I from grades (II and III) tumors ( $p < 0.001$ ).

Additionally, analysis of data on the ROC curve demonstrated that ADC at cutoff point  $> 0.84$  had 100% accuracy, 100% specificity as well as 100% sensitivity

with the area under the curve was 1.00 for diagnosis of cervical cancer grade I. On the contrary, for diagnosis of cervical cancer grade II, ADC at cutoff point  $> 0.77$  had 100% sensitivity, 52% specificity, and 57.8% accuracy, with the area under the curve being 0.617.

For diagnosis of cervical cancer grade III, ADC at cutoff point  $< 0.77$  had 100% accuracy, 100% specificity,

**Table 1** Age and marital status among enrolled patients

	N = 33
Age (years)	47.48 ± 9.90
Range	21–65
Marital status	
Single	5 (15.2%)
Married	28 (84.8%)

Data expressed as mean (SD), frequency (percentage), range. N number

**Table 2** Histological grade of cervical cancer among enrolled patients

	N = 33
Grade of tumor	
Grade-I	14 (42.4%)
Grade-II	4 (12.1%)
Grade-III	15 (45.5%)

Data expressed as frequency (percentage). N number

and 100% sensitivity, with the area under the curve being 1.00. (Tables 4, 5, and 6) (Fig. 6).

## Discussion

When cervical cancer is detected and managed early, the prognosis is better. The majority of early-stage cervical malignancies have a better prognosis with elevated rates of survival. If cancer is discovered after it has progressed

to other body regions (advanced stage malignancies), the prognosis is poor, and the probability of recurrence after therapy increases [15].

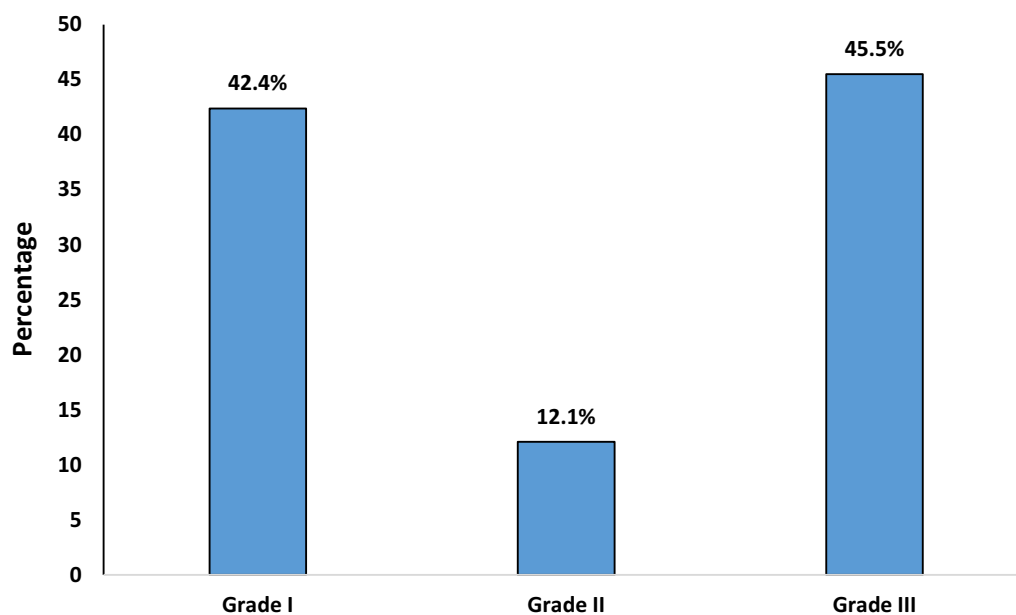
Accurate identification of cervical cancer grading, and staging allows for an appropriate treatment approach [16].

Conventional MR techniques cannot detect changes in cancer cell metabolism and physiology, which precede morphological changes. Functional MR imaging methods like DWI and ADC allow the assessment of structures functionally and more detailed information about the different physiological processes of the tumor microenvironment [11].

In our study, all cases of cervical cancer demonstrated restricted diffusion, with the average values of ADC being  $0.85 \pm 0.19 \times 10^{-3} \text{ mm}^2/\text{s}$ , which is identical to the average ADC value revealed by other research;  $0.82 \pm 0.1 \times 10^{-3} \text{ mm}^2/\text{s}$  in Mansour et al. [17] study, and  $0.916 \pm 0.15 \times 10^{-3} \text{ mm}^2/\text{s}$  in Kuang et al. [18].

These results were also compatible with Hoogendam et al. [19] study, in which the average ADC of uterine cervical cancers in 20 cases was  $0.86 \pm 0.1 \times 10^{-3} \text{ mm}^2/\text{s}$ , Nakmura et al. [20] found that the mean ADC value was  $0.852 \pm 0.1 \times 10^{-3} \text{ mm}^2/\text{s}$  from a trial conducted on 80 patients already have cancer cervix and in a study carried out by Kuang F et al. [21], in which the average values of ADC for cervical cancer were  $0.96 \pm 0.15 \times 10^{-3} \text{ mm}^2/\text{s}$ .

The range of ADC in our study was from 0.62 to  $1.11 \times 10^{-3} \text{ mm}^2/\text{s}$ , and thus it is not beyond the cut-off value between malignant as well as benign cervical

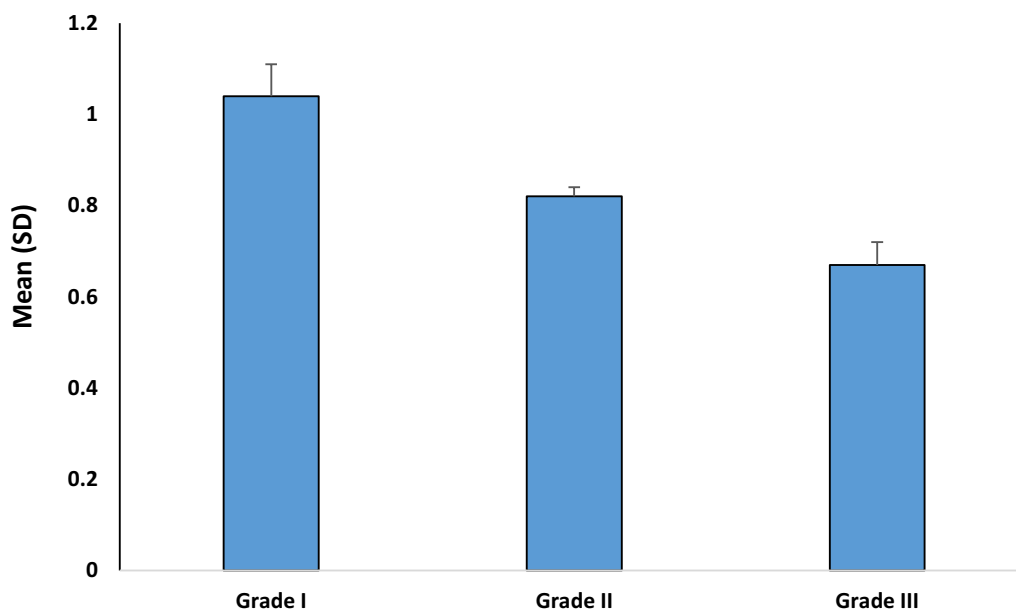
**Fig. 4** Histological grade of cervical cancer among enrolled patients

**Table 3** ADC value among studied patients based on histological grade

	Total	Histopathological grade		
		Grade I	Grade II	Grade III
ADC value ( $10^{-3}$ mm <sup>2</sup> /s)	0.85 ± 0.19	1.04 ± 0.07	0.82 ± 0.02	0.67 ± 0.05
Significance ( <i>p</i> value)				
Between different groups			<b>&lt; 0.001</b>	
Grade I versus Grade II			<b>&lt; 0.001</b>	
Grade I versus Grade III			<b>&lt; 0.001</b>	
Grade II versus Grade III			<b>&lt; 0.001</b>	

Data expressed as mean (SD). *p* value was significant if < 0.05. *N* number; ADC apparent diffusion coefficient

*p* value ≤ 0.01 is considered highly significant denoted in bold

**Fig. 5** ADC value in studied patients based on histopathological grade**Table 4** Diagnostic performance of ADC value in diagnosis of histological grade III

	Value
Sensitivity	100%
Specificity	100%
Positive predictive value	100%
Negative predictive value	100%
Accuracy	100%
Cutoff point ( $10^{-3}$ mm <sup>2</sup> /s)	< 0.77
Area under curve	1.00
<i>p</i> value	< 0.001

*p* value was significant if < 0.05. ADC apparent diffusion coefficient; PPV positive predictive value; NPV negative predicted value; AUC area under curve

**Table 5** Diagnostic performance of ADC value in diagnosis of histological grade I

	Value
Sensitivity	100%
Specificity	100%
Positive predictive value	100%
Negative predictive value	100%
Accuracy	100%
Cutoff point ( $10^{-3}$ mm <sup>2</sup> /s)	> 0.84
Area under curve	1.00
<i>p</i> value	< 0.001

**Table 6** Diagnostic performance of ADC value in diagnosis of histological grade II

	Value
Sensitivity	100%
Specificity	52%
Positive predictive value	22.3%
Negative predictive value	100%
Accuracy	57.8%
Cutoff point ( $10^{-3} \text{ mm}^2/\text{s}$ )	> 0.77
Area under curve	0.617
p value	0.86

lesions determined by previous research like Atstupėnaitė et al. [22], who set the  $0.945 \times 10^{-3} \text{ mm}^2/\text{s}$  ADC value as a cutoff for differentiating between malignant as well as benign cervical masses and Abo Gamra et al. [23] who found the  $1.04 \times 10^{-3} \text{ mm}^2/\text{s}$  ADC threshold was a cut-off value to differentiate between non-affected as well as cancer-affected cervical tissues.

We investigated in our current study the association between the mean value of ADC as well as the histopathological cervical cancer grading; we noticed a substantial inverse association between them, as higher-grade tumors demonstrated a decreased ADC value than lower grades ( $p=0.001$ ).

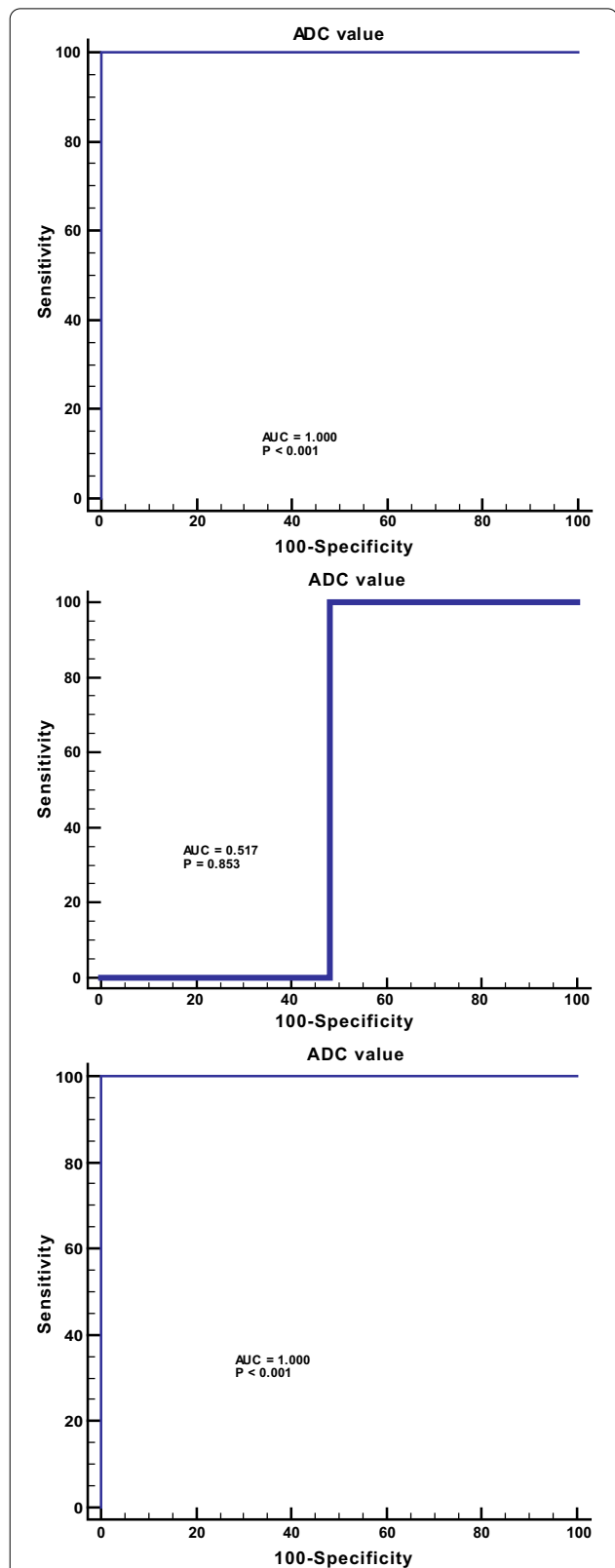
This finding is in harmony with prior research by Nakamura et al. (20), who illustrated that well-differentiated tumors are characterized by elevated ADC values in comparison with the non-differentiated tumors ( $p=0.01$ ).

We found that the mean value of ADC was significantly lower among patients with histological grade III,  $0.67 \pm 0.05 \times 10^{-3} \text{ mm}^2/\text{s}$ , compared to those with grade II,  $0.82 \pm 0.02 \times 10^{-3} \text{ mm}^2/\text{s}$ , and grade I was  $1.04 \pm 0.07 \times 10^{-3} \text{ mm}^2/\text{s}$ .

Analysis of our data revealed that ADC value at cut-off point  $> 0.77 \times 10^{-3} \text{ mm}^2/\text{s}$  had 100% sensitivity, 52% specificity, 22.3% PPV, as well as 100% NPV with an overall accuracy of 57.8% for the diagnosis of histological grade II from grades I and III. On the contrary, based on the value of  $\text{ADC} > 0.84 \times 10^{-3} \text{ mm}^2/\text{s}$  as a cutoff point between grades III, II, and I, with an accuracy, specificity, sensitivity, NPV, as well as PPV of 100%, 100%, 100%, 100%, and 100%, respectively.

## Conclusions

DWI is a non-contrast imaging modality similar to both quantitative and morphological information. Combined DWI with ADC value can perform better not only in detecting cervical cancer but also in grading. In our study,

**Fig. 6** Diagnostic performance of ADC value in diagnosis of histological grades I, II & III



we could use the ADC value to discriminate between high- and low-grade tumors and thus an indicator of cervical cancer that may respond to chemotherapy. Further studies with a larger number of patients are recommended.

#### Abbreviations

DWI: Diffusion-weighted imaging; ADC: Apparent diffusion coefficient; NPV: Negative predictive value; PPV: Positive predictive value.

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#### Author contributions

SS, RH, AHM and SHF acted on the patient management, the study concepts and design as well as acquisition and analysis of images. SS, AHM, BMA and RH and contributed to preparation and interpretation of manuscript. All authors read and approved the final manuscript.

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#### Availability of data and materials

The corresponding author is responsible for sending the used data and materials upon request.

#### Declarations

##### Ethics approval and consent to participate

All participants signed an informed consent after explaining to them the objective of the study. The study was approved by the Ethics Board of Aswan University. The ethics committee's reference number is Ref. No.aswu /348/3/19.

##### Consent for publication

All patients included in this research were legible. They gave written informed consent to publish the data contained within this study.

##### Competing interests

The authors declare that they have no competing interests.

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