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# Role of three-dimensional transvaginal sonography compared with magnetic resonance imaging in diagnosis of Mullerian duct anomalies

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## Abstract

**Background:** Mullerian duct anomalies are a heterogenous group of congenital anomalies due to abnormalities during the ductal development, fusion, or alteration of septal resorption. These lead to the occurrence of different uterine anomalies. The present study aimed to assess the value of three-dimensional transvaginal sonography (3DTVS) in comparison with pelvic MRI to diagnose uterine anomalies. We prospectively evaluated 30 female patients, from January 2016 to May 2017. Their ages ranged from 18 to 40 years. Cases were referred from obstetrics and gynecology clinic with suspected uterine anomalies by 2DUS or with HSG done for infertility workup. 3DTVS and MRI examination were done for all patients.

**Results:** The final diagnosis of patients by MRI according to The European Society of Human Reproduction and Embryology–European Society for Gynaecological Endoscopy consensus classification included 2/30 (6.7%) patients classified as class U0, 4/30 (13.3%) patients classified as class U1, 17/30 (56.7%) cases classified as class U2, 2/30 (6.7%) patients classified as class U3, 3/30 (10%) patients classified as class U4, and 2/30 (6.7%) patients were classified as class U5. There was a significant strong agreement between the diagnosis by 3D-transvaginal ultrasound and MRI ( $P < 0.01$ ).

**Conclusion:** 3DTVS proved to be highly accurate in the diagnosis of uterine anomalies and showed strong agreement with MRI, as both can provide valuable information about both the internal details and the external contour of the uterus.

**Keywords:** 3DTVS, MRI, Mullerian duct, Uterine, Anomalies

## Background

Mullerian duct anomalies are heterogenous spectrum of congenital anomalies that result from abnormalities during the ductal development, ductal fusion, or alteration of septal resorption. These abnormalities lead to the occurrence of different uterine anomalies [1].

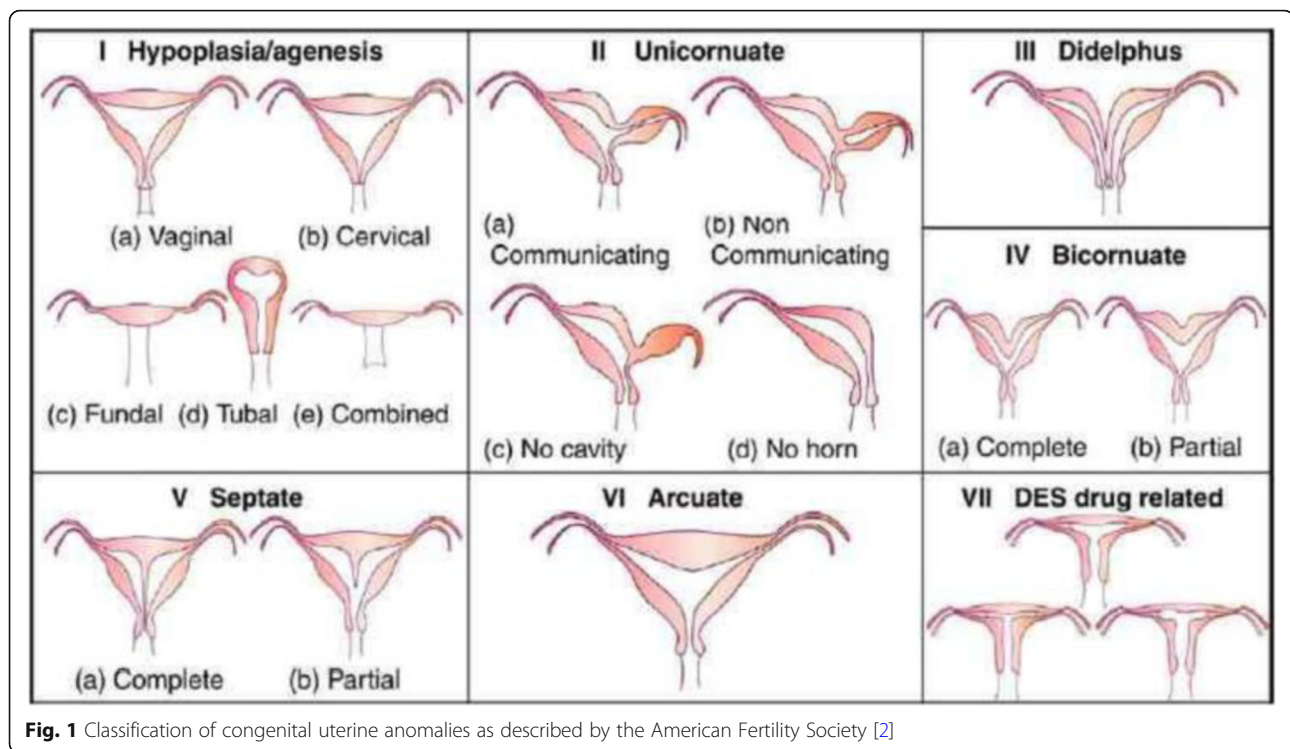
Early detection and proper diagnosis of uterine anomalies are needed to distinguish operable from inoperable cases. Most of the patients present with infertility, repeated first-trimester abortion, fetal intrauterine growth restriction, and obstetric complications [1].

Several trials have been made for proper and accurate classification of Mullerian duct anomalies. The American Society for Reproductive Medicine (ASRM) classification is considered the most commonly used one (Fig. 1) [3]. The European Society of Human Reproduction and Embryology–European Society for Gynaecological

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**Fig. 1** Classification of congenital uterine anomalies as described by the American Fertility Society [2]

Endoscopy (ESHRE–ESGE) is used to limit the subjective diagnosis of the American classification. It helps in the differentiation of septate uterus from similar anomalies, regardless of the absolute morphological characteristics [4]. The arcuate uterus entity is not present in the ESHRE–ESGE classification. This classification includes uterine anomaly main classes and subclasses as well as cervical and vaginal anomalies as coexistent subclasses, as shown in Tables 1 and 2 [6, 7].

There are different imaging modalities that can be used for the diagnosis of uterine malformations. Hysterosalpingography (HSG) and hysteroscopy are considered good modalities to assess the uterine cavity. Laparotomy and laparoscopy are also used for providing information about the external contour and uterine cavity [7].

Pelvic magnetic resonance imaging (MRI) has also been proven to be excellent in the diagnosis of Mullerian duct anomalies due to high soft tissue resolution. MRI examination is more expensive and less available than other imaging modalities [8].

Three-dimensional ultrasound represents a valid alternative or adjunct to pelvic MRI. It is less expensive than MRI and being better tolerated by patients. Three-dimensional transvaginal sonography (3DTVS) provides image quality like those provided by magnetic resonance imaging [9].

So, the aim of our study was to assess the value of 3DTVS in comparison with that of pelvic MRI to diagnose cases with uterine anomalies.

## Methods

### Patients

The study included 30 married female patients. They were referred to the Radiology Department from the obstetrics and gynecology clinic of a university hospital in the period from January 2016 to May 2017. The study was approved by the ethical committee of our institution. All participants signed informed consent prior to the examinations. Most of the cases were presented with infertility and some cases with repeated abortion.

They were initially suspected to have uterine anomalies by 2D US or with HSG done for infertility workup, and then 3DTVS and MRI examinations were done for all patients. Exclusion criteria included cases with general contraindications to MRI examination and cases with prior gynecological operations.

### Methods

#### 3DTVS

- We used (GE Voluson S6) ultrasound machine, equipped with endocavitary 3D probe RAB2-6 5–9 MHz.
- The uterus was first examined by a two-dimensional ultrasound in a strict mid-sagittal view showing the uterus from the fundus to the cervix, with the

**Table 1** Ultrasound criteria for the classification of congenital uterine anomalies by ESHRE–ESGE [5]

	Uterine cavity shape	External contour
Class U0: normal uterus	Straight, curved interostial line or internal indentation < 50% myometrial thickness	Normal outline or external cleft < 50% of uterine wall thickness
Class U1: dysmorphic uterus	Abnormal	Normal outline or external cleft < 50% of uterine wall thickness
a. T-shaped	Narrow cavity; thickened lateral walls; correlation of two-third uterine corpus and one-third cervix	
b. Infantilis	Narrow cavity without wall thickening; correlation of one-third uterine body and two-third cervix	
c. Others	Internal indentation < 50% myometrial thickness	
Class U2: septate uterus	Internal indentation > 50% myometrial thickness	Normal outline or external cleft < 50% of uterine wall thickness
a. Partial	a. Division above of the internal cervical os	
b. Complete	b. Division up to the internal cervical os	
Class U3: bicorporeal uterus		External cleft > 50% myometrial thickness
a. Partial	Division above of the internal cervical os	Division above the cervix
b. Complete	Division up to the internal cervical os	Division up to the cervix
c. Bicorporeal septate	Midline fundal indentation (myometrial thickness at the central point of the external cleft) > 150% uterine wall thickness (average myometrial thickness)	
Class U4: hemi-uterus	Unilateral formed cavity	Unilateral formed corpus
a. With a rudimentary (functional) cavity	With communicating or non-communicating functional contralateral horn of cavity	
b. Without rudimentary (functional) cavity	Without functional contralateral horn of cavity	
Class U5: aplastic uterus		
a. With rudimentary (functional) cavity	Cavity remnant/s present	Cavity remnant/s present
b. Without rudimentary (functional) cavity	Cavity remnants absent	Full uterine aplasia or uterine remnants present
Class U6: unclassified cases		Infrequent anomalies, subtle changes, or combined anomalies

**Table 2** ESHRE –ESGE main classes, subclasses, and coexistent cervical/vaginal subclasses [6]

Uterine anomaly			Cervical/vaginal anomaly
	Main class	Main subclass	Coexistent subclass
Class 0	Normal uterus		Cervix
			C0 normal
Class I	Dysmorphic uterus	a. T-shaped b. Infantile	C1 septate C2 double “normal”
Class II	Septate uterus	a. Partial b. Complete	C3 unilateral cervix/dysplasia C4 aplasia/dysplasia
Class III	Dysfused uterus “including septate”	a. Partial b. Complete	Vagina
Class IV	Unilaterally formed uterus	a. Rudimentary horn with cavity (communicating or not) b. Rudimentary horn without cavity (no horn)	V0 normal vagina V1 longitudinal non-obstructing vaginal septum V2 longitudinal obstructing vaginal septum
Class V	Aplastic dysplasia	a. Rudimentary horn with horn (bi-or unilateral) b. Rudimentary horn with cavity	V3 transverse vaginal septum/imperforate hymen V4 vaginal aplasia
Class VI	Unclassified malformations		

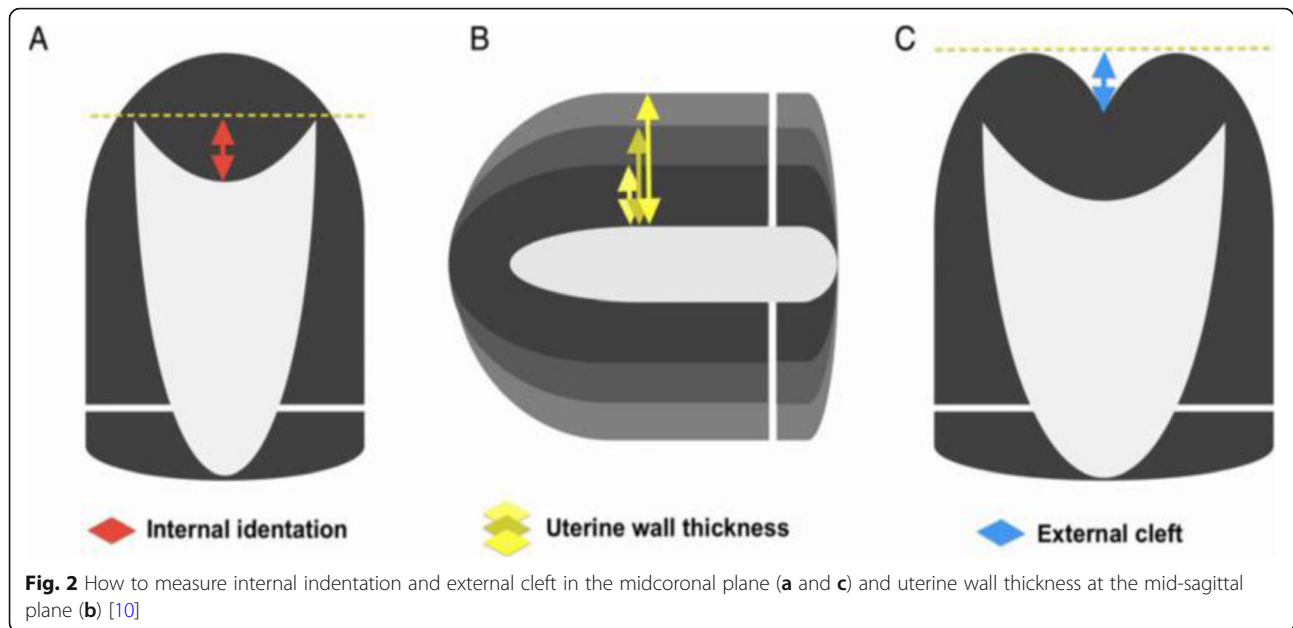
endometrial line in a horizontal plane and perpendicular to the ultrasound beam.

- In any uterus with a large transverse diameter, another acquisition was made from a transverse section, where we used a 90° sweep angle to obtain a multiplanar view of the uterus.
- The volume data were observed in three orthogonal planes and processed to do the needed reconstructions.
- The time of examination required for the diagnosis of uterine anomalies using a three-dimensional US, varied from 4 min to maybe up to 15 min in some complex cases.

### MRI imaging

MRI was done by Siemens Magnetom Aera 1.5 T using senes body coil 18. Before the examination, all patients were instructed to have a full bladder.

Preliminary scout localizers in axial, coronal, and sagittal planes were done. Routine conventional MR study including axial T1 and T2, sagittal T2, and coronal T2 was done for all patients. Sequences were oriented according to the axis of the uterus. Coronal T2-weighted FSE was

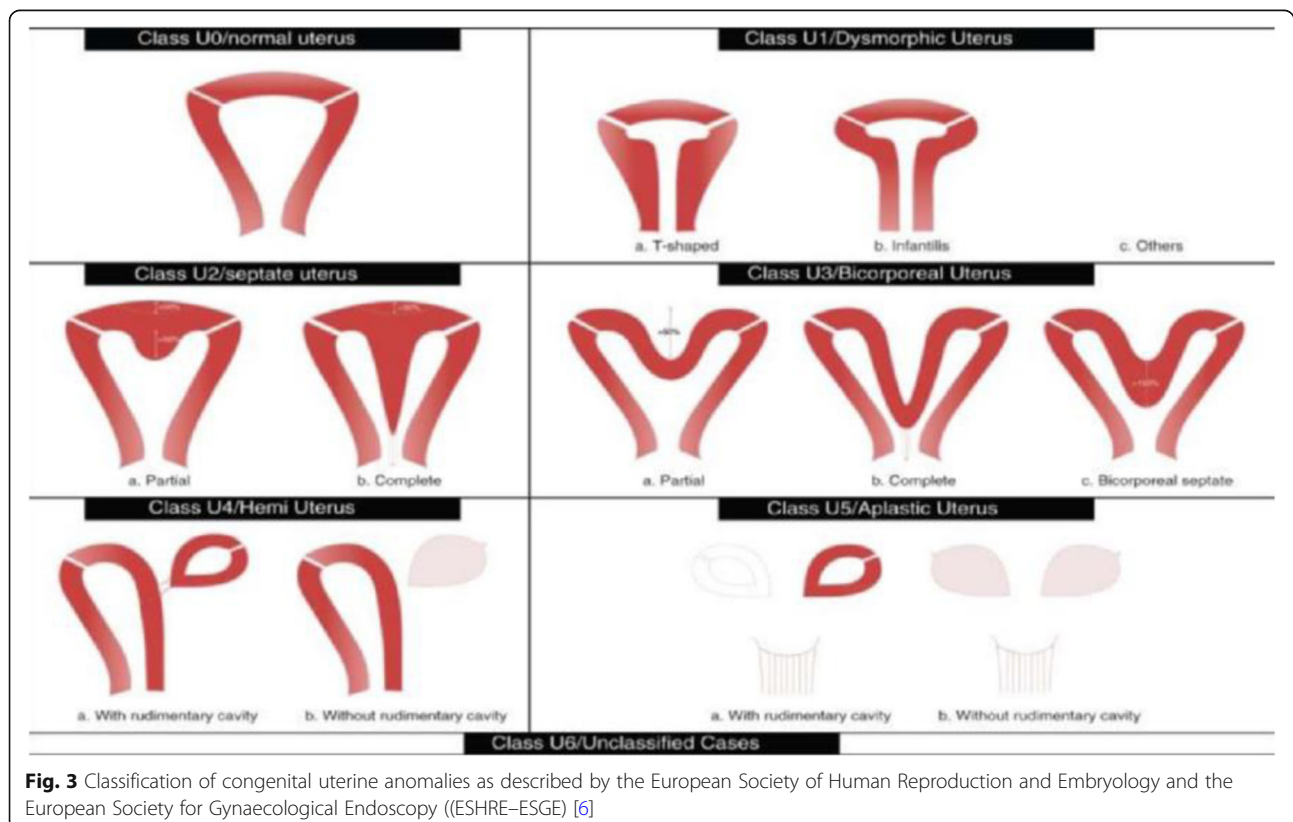


oriented parallel to the major uterine axis. The examination time took about 15 min.

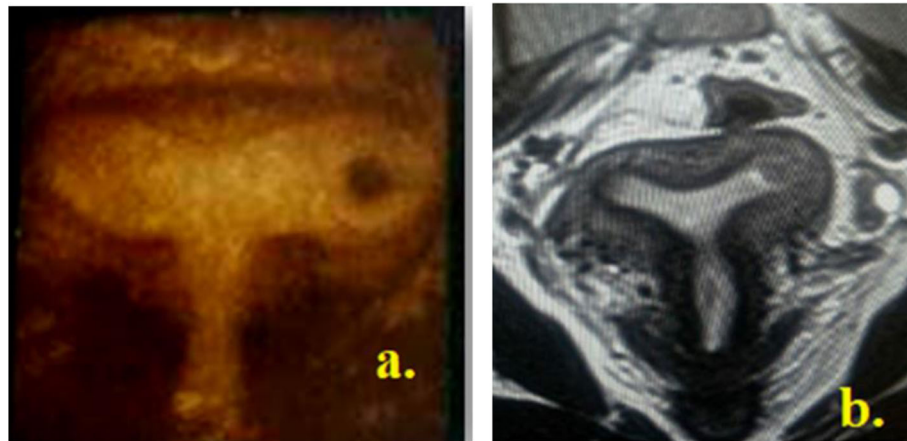
#### Evaluation of findings

The uterine morphology was interpreted in the coronal plane of the uterus with the interstitial portion

of both Fallopian tubes as points of reference. We measured the internal indentation in the midcoronal plane, and according to its length, we classified cases into different classes. The external cleft also was measured in the midcoronal plane. The wall thickness was evaluated in the mid-sagittal plane (Fig. 2). The







**Fig. 4** A 28-year-old married female patient, complaining of abortion and 2-year infertility. Dysmorphic infantile uterus (class U1) by 3DTVS showed abnormal shape of the uterine cavity (not triangular) with uterine body to cervix ratio being 1:1, with mild internal indentation < 50% of uterine wall thickness (Fig. 1a). MR coronal T2 showing the same findings as 3DTVS (Fig. 1b)

findings were analyzed using the ESHRE–ESGE consensus classification as shown in Table 1 and Fig. 3.

#### Statistical analysis

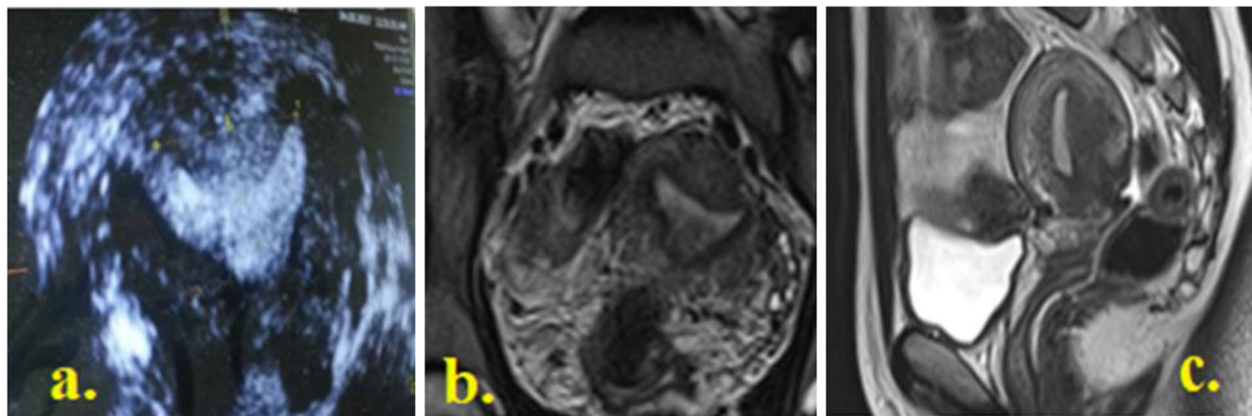
- Scale data were presented as mean and standard deviation. Categorical data were presented as number (frequency) and percent.
- The agreement between both three-dimensional transvaginal ultrasound and MRI was presented as crosstab and kappa index of agreement. All significant *P* values were less than 0.05.
- The accuracy was calculated in the form of sensitivity, specificity, negative predicted value, and positive predicted value.

#### Results

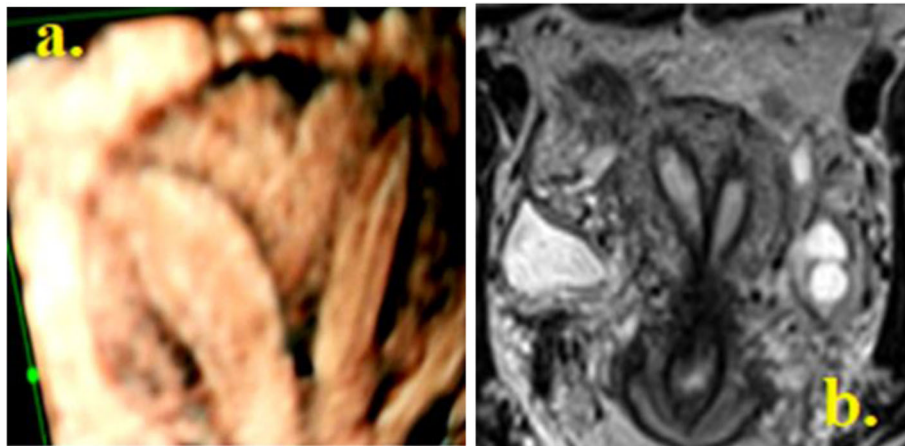
According to the MRI findings, 2/30 (6.7%) patients were categorized as *class U0*, 4/30 (13.3%) cases were *class U1*, 17/30 (56.7%) patients were considered as *class U2*, 2/30 (6.7%) patients were *class U3*, 3/30 (10%) were *class U4*, and 2/30 (6.7%) cases were considered as *class U5*.

The following were according to the 3DTVS findings:

Class U1 (dysmorphic uterus) included five cases: four true cases (4/5, 80%) were (infantile) (Fig. 4). They showed internal indentation < 50% of the wall thickness, body to cervix ratio = 1:1, and no external cleft. One false case (1/5, 20%) was diagnosed as dysmorphic uterus class U1 while by MRI, it was classified as U0 associated with adenomyosis (Fig. 5). The diagnostic indices of 3DTVS were sensitivity = 100%, specificity = 96.1%, PPV = 100%, NPV = 100%, and kappa = 0.970.



**Fig. 5** A 28-year-old married female patient complaining of primary infertility. **a** Dysmorphic uterus (class U1) by 3DTVS showing fundal internal indentation < 50% of uterine wall thickness. **b** MRI coronal T2 showing fundal low signal intensity irregular areas indenting endometrial cavity. **c** Sagittal T2WI showing thick junctional zone exceeding 12 mm (uterine adenomyosis), class U0 according to MRI findings



**Fig. 6** A 21-year-old married female patient, complaining of primary infertility. **a** Partial septate uterus (class U2A) by 3D TVS showing straight fundal outline and the septum seen dividing uterine cavity into two equal uterine cavities. **b** MRI coronal T2WI showing the same findings as 3D TVS

*Class U2* included 16 cases: 15/16 (93.7%) were true septate (Fig. 6) in which the internal indentation was  $>50\%$  of the wall thickness, with no external cleft. Only one false case (1/16, 6.2%) was diagnosed as subseptate by 3D TVS while by MRI, it was diagnosed as fibroid/adenomyosis uterus (class U0) (Fig. 7). The diagnostic indices of 3D TVS were sensitivity = 88.2%, specificity = 92.3%, PPV = 93.8%, NPV = 85.7%, and kappa = 0.936.

*Class U3* included 4 cases: 2/4 (50%) were true bicorporeal (Fig. 8) and 2/4 (50%) were wrongly diagnosed by 3D TVS as bicorporeal and diagnosed by MRI as septate (class U2) (Figs. 9 and 10). The diagnostic indices of 3D TVS were sensitivity = 100%, specificity = 92.8%, PPV = 50%, NPV = 100%, and kappa = 0.940.

*Class U4* included 3 cases: 3/3 (100%) were true unicornuate (Fig. 11). The diagnostic indices of 3D TVS were sensitivity = 100%, specificity = 100%, PPV = 100%, NPV = 100%, and kappa = 1.000.

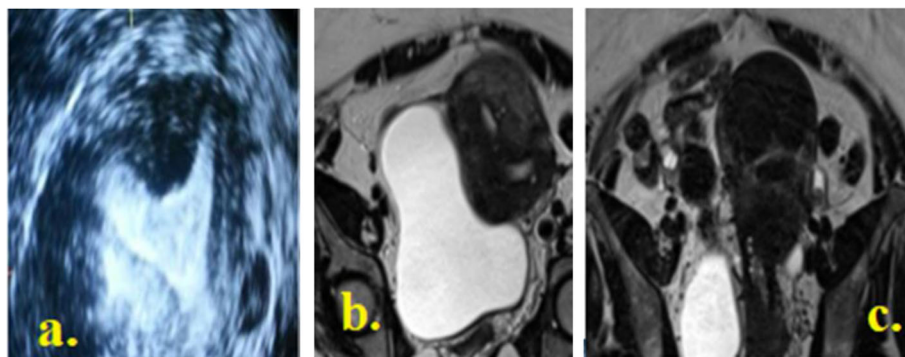
*Class U5* included 2 cases: 2/2 (100%) were true hypoplastic. The diagnostic indices of 3D TVS were sensitivity = 100%, specificity = 100%, PPV = 100%, NPV = 100%, and kappa = 1.000.

Concomitant other genitourinary anomalies were found in 7/30 (23.3%) cases, the reported anomalies in 4/30 (13.3%) cases were absent kidney, 2/30 (6.6%) cases were malrotated kidney/anterior sacral meningocele, and 1/30 (3.3%) case was vaginal cyst (Table 3).

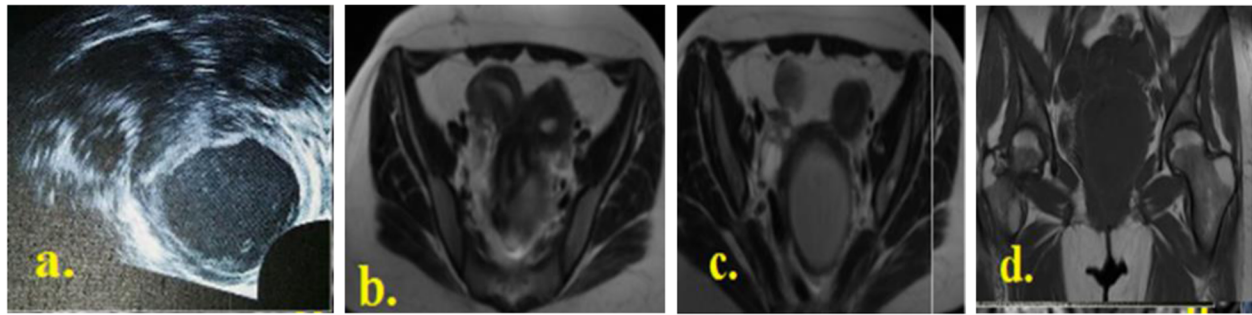
The diagnostic accuracy and agreement of 3D TVS compared to MRI were illustrated in (Tables 4 and 5). There was a significant strong agreement between the diagnosis by 3D transvaginal ultrasound and MRI examination.

## Discussion

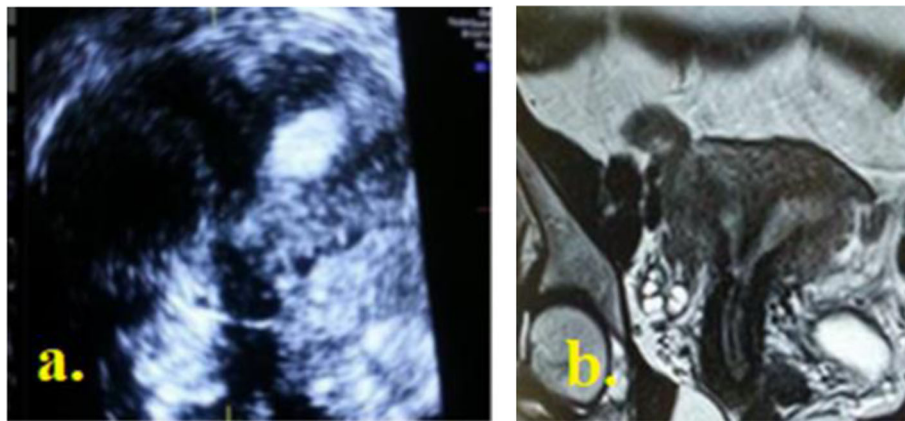
Uterine anomalies are different groups of malformations with a broad spectrum of presentations [11]. Mullerian



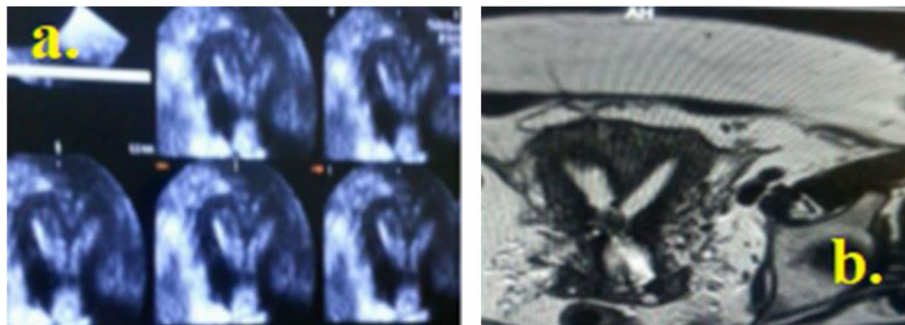
**Fig. 7** A 40-year-old married female patient complaining of recurrent abortions. **a** Partial septate (class U2A) by 3D TVS showing fundal indentation  $>50\%$  of uterine wall thickness. **b** MRI coronal T2 showing areas of low signal causing fundal indentation. **c** Multiple focal myometrial lesions, fibroids. Class U0 according to MRI findings



**Fig. 8** A 23-year-old married female patient. **a** 3D TVS showing complete bicornuate with two cervices and two vaginas (class U3b). **b** MRI coronal oblique T2 showing two uterine bodies and two cervices. **c** Coronal T2 oblique showed left vaginal lesion high signal in T2 and low signal in T1 (**d**)

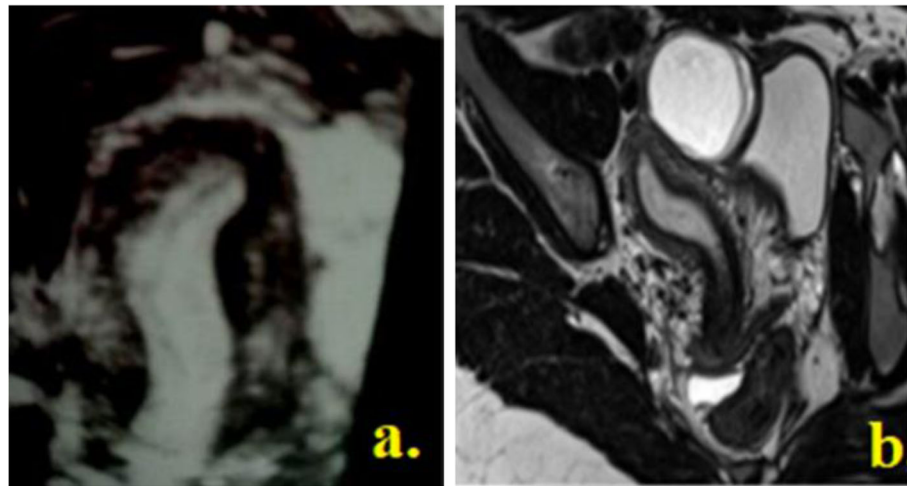


**Fig. 9** A 28-year-old married female patient, complaining of infertility. **a** Bicornuate septate uterus (class U3c) diagnosed by 3D TVS. It showed an external indentation at the fundal midline exceeding 50% of the uterine wall thickness and an internal indentation width exceeded 50% the uterine wall thickness. **b** MRI coronal oblique T2 showed straight fundal outline and complete septum. So, it was diagnosed by MRI as class U2b or complete septate uterus



**Fig. 10** A 40-year-old married female patient complaining of recurrent abortion. **a** Partial bicornuate uterus (class U3a) diagnosed by 3D TVS showing external fundal indentation partially dividing cavity. **b** MRI coronal oblique T2 revealed straight fundal outline with septum partial dividing uterine cavity, diagnosed as partial septate uterus (class U2a)





**Fig. 11** An 18-year-old married female patient, complaining of infertility. **a** Unicornuate uterus, no functional rudimentary horn (class U4a). By 3D TV, it showed banana-shaped uterine cavity. **b** MRI coronal T2 showing banana-shaped uterine cavity and small functional ovarian cyst, with no rudimentary cavity

anomalies are initially suspected by 2DUS and/or with HSG done for infertility workup [8].

MRI is the most accurate imaging study for uterine anomalies; it reached a sensitivity and specificity of 92% and 100%, respectively, compared to the results of combined hysteroscopy and laparoscopy [12].

In this study, we compared the efficiency of 3DTVS in diagnosing uterine anomalies to the MRI study, considering MRI as the standard reference. We used the ESHRE–ESGE consensus classification which provides objective parameters to classify uterine anomalies. This classification allows an accurate distinction between the different types of uterine anomalies with 3DTVS and MRI. This agrees with the study done by Graupera et al. [13] who reported that the ESHRE–ESGE classification provides objective parameters for diagnosing Mullerian duct anomalies (MDA).

The ESHRE–ESGE classification is more valuable than the ASRM classification. It shows uterine malformation main classes and subclasses. Cervical and vaginal anomalies are included as separate subclasses. So, ESHRE–ESGE classification is more helpful in the diagnosis of complex anomalies of the female genital system [5].

**Table 3** The associated anomalies with the Mullerian duct abnormalities in the study group

Associated anomalies	Number	Percent
No other anomalies	23	73.3
Absent kidney	4	13.3
Malrotated kidney and anterior sacral meningocele	1	3.3
Malrotated kidney only	1	3.3
Vaginal cyst (Gartner duct cyst)	1	3.3
Total	30	100

We agreed with Robins et al. [14] who reported that septate uterus is the commonest uterine anomalies. In the present study, we found that septate uterus represented 17/30 (56.7%) of our study population.

Septate uterus shows different morphological changes in both classifications. The ratio of internal fundal indentation to myometrial thickness was significantly lower in the ESHRE–ESGE classification than in the ASRM classification. Diagnosis of septate uterus by ESHRE–ESGE classification resembles the arcuate or normal uterus in the ASRM system [5]. The most important point in these classifications is to limit the overdiagnosis and improper treatment in cases of uterine anomalies. ESHRE–ESGE classification can guide the gynecologist to do the appropriate surgical treatment [10].

The limited positive predictive value of 3DTVS in our study was met in class U3 where four cases were included: 2/4 (50%) were true bicorporeal and 2/4 (50%) were wrongly diagnosed by 3DTVS as bicorporeal and diagnosed by MRI as septate (class U2), sensitivity = 100%, specificity = 92.8%, PPV = 50%, and NPV = 100%. We attributed this to the limited tissue

**Table 4** Accuracy of 3DTVS compared with MRI regarding diagnosis of Mullerian duct abnormalities of the present study

Anomaly	Sensitivity	Specificity	PPV	NPV	Kappa
Dysmorphic	4/4 (100)	25/26 (96.1)	4/5 (80)	26/26 (100)	0.970
Septate	15/17 (88.2)	12/13 (92.3)	15/16 (93.8)	12/14 (85.7)	0.936
Bicorporeal	2/2 (100)	26/28 (92.8)	2/4 (50)	26/26 (100)	0.940
Unicornuate	3/3 (100)	27/27 (100)	3/3 (100)	27/27 (100)	1.000
Aplastic	2/2 (100)	28/28 (100)	2/2 (100)	28/28 (100)	1.000



**Table 5** Agreement between MRI and 3DTVS regarding diagnosis of Mullerian duct abnormalities of the current study

MRI \ 3D ultrasound	(U0) Normal uterus No (%)	(U1) Dysmorphic No (%)	(U2) Septate No (%)	(U3) Bicorporeal No (%)	(U4) Unicornuate ± rud. Cavity No (%)	(U5) Aplastic /hypo- plastic No (%)	Total No (%)
(U1) Dysmorphic	1(50)	4(100)	0(0)	0(0)	0(0)	0(0)	5(16.7)
(U2) Septate	1(50)	0(0)	15(88.2)	0(0)	0(0)	0(0)	16(53.3)
(U3) Bicorporeal	0(0)	0(0)	2(11.8)	2(100)	0(0)	0(0)	4(13.3)
(U4) Unicornuate	0(0)	0(0)	0(0)	0(0)	3(100)	0(0)	3(10)
(U5) Aplastic /hypoplastic	0(0)	0(0)	0(0)	0(0)	0(0)	2(100)	2(6.7)
Total	2(100)	4(100)	17(100)	2(100)	3(100)	2(100)	30(100)

The shaded data represent disagreement in the diagnosis between MRI and 3DTVS

resolution of US compared to MRI, and ultrasound is operator dependent. If the midcoronal plane is not ideal, this will give the wrong diagnosis. The problem of misdiagnosing the two cases of septate uterus by 3DUS in our study might be due to improper location of the line of the US beam during 3D reformatting which was at the level of the septum and not at the fundal level. So, it was better to move the line a little bit higher to assess the external contour of the uterus.

We found that 7/30 (23.3%) cases had associated renal and other anomalies; this coincides with Li et al. [15] who reported that concomitant renal anomalies are found in 29% of Mullerian duct anomalies cases.

In this study, the overall agreement between 3DTVS and MRI was 86.7% and the agreement coefficient (kappa) was 0.743; this coincided with the work of Bermejo et al. [7] who reported good agreement between 3D transvaginal US and MRI in diagnosing Mullerian duct anomalies, with a kappa index of 0.880.

The limitations in our study were sampling bias, since we did 3DTVS only to patients with suspected uterine anomalies and some uterine anomalies that had a limited number in our study.

## Conclusion

3DTVS proved to be highly accurate in the diagnosis of uterine anomalies and showed strong agreement with MRI,

as both can provide valuable information about both the internal details and external contour of the uterus.

## Abbreviations

3DTVS: Three-dimensional transvaginal sonographyASRMThe American Society for Reproductive MedicineESHRE–ESGEThe European Society of Human Reproduction and Embryology–European Society for Gynaecological EndoscopyMDAMullerian duct anomaliesHSGHysterosalpingography

## Acknowledgements

Not applicable.

## Authors' contributions

SA carried out the statistical analysis, data collection, image analysis, and drafting and editing of the paper. NA shared in the image analysis and interpretation. AS shared in the design and drafting of the manuscript. MS participated in the data collection and clinical assessment. All contributing authors have read and approved the final manuscript.

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## Availability of data and materials

All data are available at the corresponding author who has the authority to respond if there is any query.

## Ethics approval and consent to participate

The study was approved by the ethical committee of Faculty of Medicine Beni-Suef University (FWA00015575). The data were collected after obtaining informed written consent of all cases.

## Consent for publication

All patients included in this research gave written informed consent to publish the data contained in this study.

**Competing interests**

The authors declare that they have no competing interests.

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